

Children and Young People’s Plan 2018 – 2021 – Our Consultation story

During the development phase of the Children and Young People’s Plan we consulted widely with partners in the public sector, voluntary organisations, children and young people. We developed a questionnaire and asked: ‘What should Oxfordshire look like in 3 years’ time if we are achieving our Vision for children and young people?’

The table below shows how we have used the feedback we collected in response to this question to develop our areas of focus.

BE SUCCESSFUL

What you told us was important	Where we have used this feedback:
<ul style="list-style-type: none"> • Early support • Good take up of pre-school places • Ensure school readiness • Children to be emotionally secure • Provide school readiness at transition points – starting school, starting secondary, secondary to further education • More young people with access to services • Early years support to achieve the best start in life focusing on emotional wellbeing and resilience. • The first 1001 days are prioritised so all children are parented and cared for and ready to move on and achieve at school • Good provision for 0-5 year olds and their families • Readiness for School programme – children are ready for school in terms of toileting, eating habits, speech and language, social skills • Safeguard early years support • Ensure school readiness • Pre-conceptual care • Secure attachment 	<p>Point 1: Have the best start in life</p>

<ul style="list-style-type: none"> • All families with children under age 5 have access to local health visiting services (including if frequent house moves) • More advice for parents on importance of attachment and child development 	
<ul style="list-style-type: none"> • Have a wide range of services available for young people • Good understanding of individual needs, good joined up working • Deliver training in life skills – finance, internet, setting up a home • Further education colleges offering vocational courses • Restorative practice authority • Every child achieving their FULL potential • Well trained workforce to support Young People • Equality of opportunity across the county • Skilling up Young People for work • Learn about life skills • At 18 you are told you're an adult, but not given a chance to be an adult – like sharing and being shown budget skills • Education and employment – knowing your options, more mentoring and support. • Support to get you where you want to be • Better support for young people going to work • Good opportunities even if you haven't got GCSE's • Inspirational people available to inspire career choices 	<p>Point 2: Access high quality education, employment and training that is motivational</p>
<ul style="list-style-type: none"> • High quality education • Stop exclusions • Help access to education • Good school attendance and inclusion • All children in the right setting all the time. • Make schools inclusive • More appropriate and tailored education and curriculum • Reduce the attainment gap 	<p>Point 3: Go to school and feel inspired to stay and learn</p>

<ul style="list-style-type: none"> • All children attending good or outstanding schools • Sufficient places at local special schools available for those with severe, profound and multiple LD, and those with emotional and mental health needs. • Established options for special schools for Young People with an EHCP up to age 25. • Specialist training available from specialist schools 	
<ul style="list-style-type: none"> • ‘keep it real’ being ‘good enough’ • Resilience • Get to where you want to be • Children & Young People with aspirations • Confident and socially competent Young People • Communities that we have built resilience in • Successful parenting, feeling supported, celebrating their role • Aspirational balanced with practical – be careful on what successful means - ‘making a positive contribution to society’ • Celebrate Children and Young People • Create an environment to stimulate greater self-confidence in Children & Young People 	<p>Point 4: Have good self-esteem and faith in themselves</p>
<ul style="list-style-type: none"> • Value every Young Person, listen and celebrate their success • Listen and be honest • Holistic care 	<p>Our values</p>

BE HEALTHY

What you told us was important	Where we have applied this feedback
<ul style="list-style-type: none"> • Early Help strategy, early intervention • Promoting self-care – starting with parents • Preventative programmes that are free to access – physical and mental health 	

<ul style="list-style-type: none"> • Positive mental health – ‘healthy mind, healthy body’ • Healthy weight – promote being active, good sleeping habits, screen time, good eating habits, healthy lifestyles • Children and Young People are happy • Children have good dental health – better sleep, better self-confidence • Offering training and education on healthy food choices, activities, cooking skills, use of green spaces • Children and Young People are empowered to take care of their own mental health. • Early prevention services for family support • Good primary prevention including good perinatal Mental Health care • Improve quality of food served in schools • Adequately funded school health service for primary schools • Healthy living hubs attached to schools or community centres • Increase in specialist services to meet needs of children with LD • Early identification and intervention, Early Help Strategy • Free dental care for Children & Young People • Oral health promotion • Wrap around preventative service 	<p>Point 5: Be confident that services are available to promote good health and prevent ill health – early in life and before crisis</p>
<ul style="list-style-type: none"> • Offer affordable activities and sports -cycle paths, outdoor space • Children & Young People using activities and sports and outdoor spaces • Children are active at all ages • Energy for life campaign – eating, sleeping, activity • Increased availability of affordable sports, activities, social events, outside school • Better cycle lanes • Access to age appropriate activities in rural areas • Whole system approach to sport provision • Offer equal access to sport and physical activities • Children in care feel anxiety and can be isolated, but they need interesting and fun things to do • Having fun, not a lot of people have that opportunity 	<p>Point 8: Access easy ways to get active</p>

<ul style="list-style-type: none"> • A smarter, wider reaching system for improving parenting skills embedded in communities, schools, nurseries, universal health settings, churches • More robust CAMHS offer • More confident capable children’s workforce to help with mental health issues • Improved mental health • Cross cutting emphasis on emotional wellbeing and mental health. • Build resilience • Happy children • Mental health support • Reduced levels of assessments in mental health • Maternal mental health • Increased focus on well-being, resilience and mental health • Increase access to school nurses – ongoing programme of health education • Mental health curriculum in schools • Wellbeing charter for schools • Shorter waiting times for mental health services and getting help sooner • Children in care feel anxiety and can be isolated, but they need interesting and fun things to do • Help me break through mental health problems, so things can be better 	<p>Point 7: Access services to improve overall wellbeing</p>
<ul style="list-style-type: none"> • Maternal mental health very important – ref Health Inequalities Commission • Considering what is a healthy relationship? For Children & Young People and for parents • Children and Young People are engaged in their lives and in their communities • Children and Young People are resilient and engaged in their wellbeing • Social prescribing • Parenting support • Promote openness in communication • Young People being who they want to be – mental health, self-harm, suicide, LGBT. • Inclusion • Promote positive relationships • Corporate grandparenting – intergenerational 	<p>Point 6: Learn the importance of healthy, secure relationships and having a support network</p>

<ul style="list-style-type: none"> • No stereotypes of children in care 	
<ul style="list-style-type: none"> • Care is available and given in the most appropriate setting • ‘make every contact count’ • Focus on solutions • ‘Think Family’ whole approach in adults and children’s services • Coordinated care for complex health needs – reduced time out of school at hospital or dental appointments • Locality/neighbourhood hubs to assess children away from hospitals • Review work to date on poverty. • Change the referral culture • Be part of the solution • Strong pathways • Single point of access – joint up approach 	<p>Our values</p>

BE SAFE

<p>What you told us was important</p>	<p>Where we have applied this feedback</p>
<ul style="list-style-type: none"> • Children & Young People free from neglect and harm (including domestic abuse) • 0% tolerance of bullying, in particular via social media • Target environmental safety – road safety awareness, cycling • Being safe is everyone’s business – schools asking why the children aren’t there, workforce able to make decisions to keep Young People safe • Awareness of impact of domestic abuse on children age 0-5 and the impact on adolescents. • Safely reduce numbers of looked after children • Reduce the number of Children & Young People in high end, high cost provision • Better early help • Adequate social care intervention • Adequately fund safeguarding role of school nurses 	<p>Point 9: Be protected from all types of abuse and neglect</p>

<ul style="list-style-type: none"> • Make schools a place of safety • Provide school care 8-6pm every day 52 weeks a year – holidays are a time of misery for many children and schools stand closed • Increase support for those on Child Protection Plans • Stop bullying of people in care 	
<ul style="list-style-type: none"> • Positive and respectful relationships • Children & Young People free from fear • Public spaces will be safer to encourage outside activities • Return of children’s centres as place of safety and support • Safe spaces with things to do, activities, community led spaces • Community leadership • Target hotspots and be brave • Resilience • Be brave • Be bold • Review initiatives to overcome poverty and the opportunity gap -wider community ownership and involvement. • Voluntary services will be allowed to flourish within robust governance rules 	<p>Point 10: Have a place to feel safe and a sense of belonging</p>
<ul style="list-style-type: none"> • Social media keeping our children safe • Children & Young People are able to keep themselves safe online (protective behaviours) • Cultural change – encourage disclosure, parents educating children and being aware • Target substance abuse – peer pressure, parental dysfunction, used as a coping mechanism, change the normalisation of its use • Education in safe social media use • Teaching protective behaviours • Proactive approach to social media use • Healthy and safe networks • Encourage positive risk taking – and educate Young People in this • Parent courses on how to look after your children. 	<p>Point 11: Access education and support about how to stay safe</p>

<ul style="list-style-type: none"> • More support for parents who find looking after children hard 	
<ul style="list-style-type: none"> • Improved public transport in rural areas so Children & Young People can travel to school and social activities safely • Better social housing so children and families live in safe and secure accommodation. • Improved housing pathway where homeless children are prioritised • Increase availability of good housing to offer secure home life 	<p>Point 12: Have access to appropriate housing</p>
<ul style="list-style-type: none"> • Organisations are braver around geographic targeting of resources • Clearer avenues to raise concerns • Work on the toxic trio – early intervention. • Be part of the solution instead of only making referrals • Sharing of learning – feedback from referrals made • Everyone being curious and aware • Children & Young People will have continuity of care • There will be adequate funding and support for schools to support children in feeling safe. • Services are sharing information on safeguarding • Vulnerable Children & Young People will have someone they trust working alongside them. • If there are identified safeguarding issues, then engagement from families is non-negotiable • Good information sharing • Prioritise multi-professional early intervention services 	<p>Our values</p>

BE SUPPORTED

<p>What you told us was important</p>	<p>Where we have applied this feedback</p>
<ul style="list-style-type: none"> • Children will be listened to • Giving children and young people a voice and listening • Space to speak and we will listen – the voice of the child heard 	<p>Point 13: Be empowered to know who to speak to</p>

<ul style="list-style-type: none"> • See each child as an individual • Engagement and feedback from Children & Young People is key to good communication • Senior management have contact with Children & Young People regularly • Children & Young People need to feel able to give feedback • Have anonymous feedback – when things are not going well you need to be able to let the right person know • Have presentations from children and young people so we can let you know our views • Ask children what it was like before and after service involvement • Hear how to improve things 	<p>when in need of support and to know you will be listened to and believed.</p>
<ul style="list-style-type: none"> • Matching services to needs • Unique needs being acknowledged and addressed – SEND, LAC, children in custody • Online support available • Explore community facilities for sharing estates to deliver sessions, help provide activities • Promote local networks and a community based approach • Practical support is essential • Guidance at the right time to help you become an adult 	<p>Point 14: Access information in a way which suits children and young people best</p>
<ul style="list-style-type: none"> • Services available in the local community • Children know who to ask for help • Good transitions service • Develop a resilient workforce • Be non-threatening • Children and Young People have someone to look up to share important news. • Inspirational staff to inspire young people’s career choices. • Adults that young people can look up to. 	<p>Point 15: Have inspiring role models</p>
<ul style="list-style-type: none"> • Workers need to be maternal and caring – not clinical. • Be human even if you are professional • Smooth transitions 	<p>Point 16: Talk to staff who are experienced and caring</p>

<ul style="list-style-type: none"> • Early intervention and identification • Staff given the right skills • Good joined up working and community around schools • Skilled workforce able to respond to need • Young carers are supported • More mental health support for staff • Further training for staff in social care • Ensure all staff who work with Children & Young People are trained to work therapeutically • Give parents with teenage children more support • Empower and upskill staff to recognise signs of mental health issues and how to support those children • Children’s homes can be lonely. It shouldn’t be like that. It shouldn’t be just people just doing jobs • Children’s homes need to have a mothering and fatherly instinct 	
<ul style="list-style-type: none"> • Inclusive schools and communities • Be flexible and willing to change according to hotspots and need – led by localities that know themselves • Good locality networks • Using data to focus resources where it is needed most • Workforce supporting each other – multi-agency working • Research based evidence is key • Better communication and partnerships working • Clearer referral pathways • Have integrated services • Target all areas equally. • Collaborative working with parents, statutory and voluntary services to maximise potential • Best process rather than best practice • Focus every action on the child not the service – identify the root cause • See the right person at the right time • Good communication 	<p>Our values</p>

- Properly fund services
- Don't wait until families are at crisis point before intervening
- Meetings in school time and coming into classes makes children feel different – we don't want to feel different. Don't do things that make us stand out
- In meetings stop talking about the child or young person as if they are not there.
- Less repetition
- Fewer meetings

Organisations who contributed to the consultation/engagement for developing the Plan

1. Oxfordshire's Children's Trust Board membership organisations
2. Oxfordshire County Council – including Children's Services and Public Health
3. Oxford Health NHS Foundation Trust – including Health Visiting Service, Family Nurse Partnership, School Health Nursing Team, Learning Disability teams, CAMHS services, community dental services, youth justice services.
4. Thames Valley Police
5. Oxfordshire Clinical Commissioning Group
6. Oxfordshire Community and Voluntary Action
7. OXPIP
8. Cherwell District Council
9. Red Kite Family Centre
10. Oxford City Council
11. City Youth Partnership Board
12. Children in Care Council
13. Oxfordshire Safeguarding Children Board
14. Oxfordshire Safer Communities Partnership
15. Voice of Oxfordshire's Youth (VOXY)
16. OMEGA
17. Be Free Young Carers
18. Sonning Common Practice
19. ACE Centre, Chipping Norton
20. Oxfordshire head teachers and schools