**All about me**

**Your name……………………………………… Today’s date………………………**

Questions for you to think about

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| What is important to me? |
| What am I good at? |
| What do I find difficult? |
| What do I like to do the most at school/college? |
| What do I like to do the most out of school/college? |
| What would I like to achieve this year? |
| What makes me happy? |
| What would I like to achieve in the future? |

Completed by:

If you are completing this on behalf of the child/young person what is your relationship to them?

Questions for your family to answer about you

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| What is important to them? |
| What is important for them (to keep them healthy and safe)? |
| What do others like and admire about them? |
| What are their likes and dislikes? |
| What makes them happy or sad? |
| How do they communicate with others? |
| How do others communicate with them? |
| Do they have any significant routines or rituals? |
| What places do they like to go? |
| Who are the important people in their life? |
| What are their gifts, qualities and skills? |
| What would their perfect week look like? |
| What would you like them to achieve this year? |

Completed by:

Relationship to child/young person: