Biting

A social story



Sometimes children get angry,

sometimes children feel cross.



When I feel like this I might try to bite myself,





I might try to bite someone else

Biting myself hurts me,

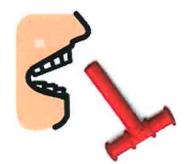
biting others hurts them.



When people are hurt, they feel sad



Biting on my chewy tube is good.



This is OK.

When I bite on my chewy tube, I can feel proud and happy

