Why Sign?

- Builds on natural ability to gesture
- Improves attention and listening
- Pressure for speech is removed
- Language is simplified and slowed down
- Aids comprehension and helps children express themselves
- It is a visual reinforcement to speech
- A bridge to developing spoken language.

Who For?

- All children
- Children with communication difficulties:
  - Delayed understanding
  - Delayed expression
  - Unclear speech
- Children who find it difficult to listen
- Children with English as an additional language (EAL).

How to Sign:

1. Gain child’s attention and make eye contact first.
2. Always accompany signs with clear speech and facial expression.
3. Sign ‘key words’ – words that are important for meaning. Keep simple and short.
4. Reward any attempt to communicate.
5. Signs need to be used by everyone in the setting with all children.
6. Keep signing, even if the child doesn’t readily copy.
7. Many children need hand over hand help to start signing.
8. Use signs that your child will be motivated by.
9. Signing skills are developed over time through practice and repetition.
10. Have Fun!

TARGET SETTING:
3 Signs I will use –

                  
                  

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<td>Bath</td>
<td>Bird</td>
<td>Apple</td>
<td>Mother/mummy</td>
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<tr>
<td>Good</td>
<td>Brick</td>
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<td>Please</td>
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<td>Cheese</td>
<td>Grandmother</td>
</tr>
<tr>
<td>Finish</td>
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<td>Eat</td>
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<td>Chocolate</td>
<td>Grandfather</td>
</tr>
<tr>
<td>Same</td>
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<td>Give</td>
<td>Fish</td>
<td>Crisps</td>
<td>Man</td>
</tr>
<tr>
<td>Different</td>
<td>Computer *</td>
<td>Go</td>
<td>Frog</td>
<td>Dinner</td>
<td>Lady</td>
</tr>
<tr>
<td>Happy</td>
<td>Crayon/pencil</td>
<td>Jump</td>
<td>Horse</td>
<td>Grape</td>
<td>Friend</td>
</tr>
<tr>
<td>Sad</td>
<td>Cup / drink</td>
<td>Kick</td>
<td>Lion</td>
<td>Ice-cream</td>
<td>Doctor</td>
</tr>
<tr>
<td>Angry</td>
<td>Doll</td>
<td>Listen/Hear</td>
<td>Monkey</td>
<td>Juice</td>
<td></td>
</tr>
<tr>
<td>Frightened</td>
<td>Hat *</td>
<td>Look</td>
<td>Mouse</td>
<td>Milk</td>
<td></td>
</tr>
<tr>
<td>Hot</td>
<td>House</td>
<td>Love</td>
<td>Pig</td>
<td>Orange</td>
<td></td>
</tr>
<tr>
<td>What</td>
<td>Outside</td>
<td>Paint</td>
<td>Rabbit</td>
<td>Pear</td>
<td></td>
</tr>
<tr>
<td>Where</td>
<td>Plate</td>
<td>Play</td>
<td>Sheep</td>
<td>Raisin</td>
<td></td>
</tr>
<tr>
<td>Which</td>
<td>Puzzle</td>
<td>Run</td>
<td>Snake</td>
<td>Sandwich</td>
<td></td>
</tr>
<tr>
<td>Big</td>
<td>Sand</td>
<td>Sing</td>
<td>Sheep</td>
<td>* Toast</td>
<td>Yoghurt</td>
</tr>
<tr>
<td>Little</td>
<td>Setting, i.e. nursery</td>
<td>Sit</td>
<td>* Sleep/Tired/Bed</td>
<td>Water</td>
<td></td>
</tr>
<tr>
<td>In</td>
<td>school</td>
<td>Sleep up</td>
<td>Stand up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>On</td>
<td>Shoe</td>
<td>* Stand up</td>
<td>Stand up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Under</td>
<td>Sock</td>
<td>* Stand up</td>
<td>Stand up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dirty</td>
<td>Spoon</td>
<td>Wait / Stop</td>
<td>Wait / Stop</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wet</td>
<td>Swing</td>
<td>Walk</td>
<td>* Walk</td>
<td></td>
<td></td>
</tr>
<tr>
<td>* More</td>
<td>Teddy bear</td>
<td>Want</td>
<td>* Want</td>
<td></td>
<td></td>
</tr>
<tr>
<td>* Gone</td>
<td>Telephone</td>
<td>Wash</td>
<td>* Wash</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Television</td>
<td></td>
<td></td>
<td>Produce by Oxfordshire Speech and Language Therapy Service</td>
<td></td>
</tr>
<tr>
<td></td>
<td>* Toilet</td>
<td></td>
<td></td>
<td>With permission from Let's Sign &amp; Write © Cath Smith 2004,</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Train</td>
<td></td>
<td></td>
<td>published by Widgit Software Ltd.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Trousers/pants</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Water</td>
<td></td>
<td></td>
<td>* These signs have been added in keeping with local use in Oxfordshire 200</td>
<td></td>
</tr>
</tbody>
</table>


General

I/me
- Point to self.

You
- Point to person concerned.

Hello
- Wave once.

Goodbye
- Wave.

Good
- Closed hand with thumb up makes short movement forward.

Please
- Move hand down from mouth until palm up.

Thank you
- Move hand away from mouth, shorter movement.

Finish
- Closed hands spring open.

Same
- Index fingers tap together twice.

Different
- Index fingers move apart.
Happy
Hands clap together in circular movements.

Sad
Flat hand down middle of face.

Angry
Alternate clawed hands move up body sharply.

Frightened
Shake hand/s in front of chest.

Hot
Draw hand across forehead.

What
Shake index finger side to side.

Where
Move flat hand/s in circular movements.

Which
Thumb and little finger extended move side to side.

Big
Hands together pull apart.

Little
Index and thumb show size.
General 3

**In**
Slightly bent hand slots between thumb and fingers of other hand.

**On**
Place back of hand onto back of other hand.

**Under**
Flat hand moves under top hand.

**Dirty**
Rub wrists together.

**Wet**
Fingers of bent hands open and close onto thumbs several times.

**More**
Place hand over fist.

**Gone**
Use TWO hands, facing in/down flip over.

**Name**
Index and middle finger twist out from forehead.
Common Objects

Bag
Mime holding bag.

Ball
Indicate shape of ball.

Bicycle
Closed hands ‘pedal’ in circles.

Book/story
Open two flat hands.

Brick
Fist over fist.

Bus
Mime holding big steering wheel.

Car
Mime holding steering wheel.

Chair
Closed hands move down.

Coat
Mime pulling coat over shoulders.

Computer
‘C’ hands circle.

Crayon/Pencil
Mime holding pencil and writing.

Cup/drink
Mime holding cup, bring to mouth.
Common Objects 2

<table>
<thead>
<tr>
<th>Object</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doll</td>
<td>Mime holding doll.</td>
</tr>
<tr>
<td>Hat</td>
<td>Mime putting hat on head.</td>
</tr>
<tr>
<td>House</td>
<td>Flat hands move down and out.</td>
</tr>
<tr>
<td>Outside</td>
<td>Bent hand moves forward.</td>
</tr>
<tr>
<td>Plate</td>
<td>Index finger makes circle over palm up hand.</td>
</tr>
<tr>
<td>Puzzle</td>
<td>Mime fitting puzzle together with thumbs.</td>
</tr>
<tr>
<td>Sand</td>
<td>Thumbs rub along fingertips as hands move up.</td>
</tr>
<tr>
<td>School/Nursery</td>
<td>Circle hand in front of mouth.</td>
</tr>
<tr>
<td>Shoe</td>
<td>Hand covers hand.</td>
</tr>
<tr>
<td>Sock</td>
<td>Index and thumb hold sock. Both hands for plural.</td>
</tr>
<tr>
<td>Spoon</td>
<td>Bring index and middle finger to mouth.</td>
</tr>
<tr>
<td>Swing</td>
<td>Closed hands move back and forth.</td>
</tr>
</tbody>
</table>
Common Objects 3

* Teddy Bear
  Hands hold arms.

* Telephone
  Thumb and little finger extended.

Television
  Finger spell 'T' and 'V'.

* Toilet
  Fingers rub opposite shoulder.

Train
  Closed hand moves in circles.

* Trousers/Pants
  Flat hands move short way down each leg.

Water
  Palm down hand moves sideways in wavy motion.
Hands rub on chest and tummy.

Mime brushing hair.

Index finger towards body.

Mime mixing in a bowl.

Index fingers move down face.

Mime cutting with fingers (for scissors).

Take hand to mouth as if holding cup.

Take bunched hand to mouth twice.

Move TWO flat hands in direction of object given.

Index finger moves in appropriate direction.
**Actions 2**

<p>| | | | | |</p>
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>*</td>
<td>*</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jump</td>
<td>Kick</td>
<td>Listen/Hear</td>
<td>Look</td>
<td>Love</td>
</tr>
</tbody>
</table>

- **Jump**: Index and middle finger jump/bend from back of hand.
- **Kick**: Index finger moves forward.
- **Listen/Hear**: Hand to ear.
- **Look**: Open index and middle finger move forward from eye.
- **Love**: Hands crossed over chest.

- **Paint**: Move index and middle finger up and down.
- **Play**: Open hands move out and up in circles.
- **Run**: Mime running with arms.
- **Sing**: Index and middle finger circle up from mouth.
- **Sit**: Flat hands on top of each other move down.
Actions 3

Sleep/Tired/Bed
- Hands together at side of head. Close eyes for sleep.

Stand Up
- Scoop and raise flat hands.

Swim
- Mime swimming.

Wait/Stop
- Move flat hand forward.

Walk
- Index and middle fingers mime walking.

Want
- Flat hand brushes down and out from chest.

Wash
- Mime appropriate washing action.
Animals

Bird
Index finger and thumb open and close.

Cat
Open index and middle fingers move away from side of mouth.

Chicken
Move elbows in and out.

Cow
Move hands away from head (holding horns).

Crocodile
Flat hands open and close.

Dog
Index and middle fingers move down twice.

Duck
Index, middle finger and thumb open and close.

Elephant
Hand moves out from face (as trunk).

Fish
Flat hand wiggles across body.

Frog
Fingers spring open from fist under chin.
Index and middle fingers over index and middle fingers. Hands over head then clawed hands in circular movements. Hands scratch under arms. Index and middle fingers run up hand. Fist makes circular movement in front of nose.

Index and middle fingers bend at side of head. Little fingers circle from side of face. Index and middle finger spring forward from mouth.

Animals 2

Horse

Lion

Monkey

Mouse

Pig

Rabbit

Sheep

Snake
**Food**

<table>
<thead>
<tr>
<th>Food</th>
<th>Action Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple</td>
<td>Mime biting apple.</td>
</tr>
<tr>
<td>Banana</td>
<td>Mime peeling banana.</td>
</tr>
<tr>
<td>Biscuit</td>
<td>Tap elbow twice.</td>
</tr>
<tr>
<td>Bread</td>
<td>Saw across hand.</td>
</tr>
<tr>
<td>Cake</td>
<td>Clawed hand on palm down hand.</td>
</tr>
<tr>
<td>Carrot</td>
<td>Fist bends forward as if holding and biting carrot.</td>
</tr>
<tr>
<td>Cheese</td>
<td>Bent hand on palm.</td>
</tr>
<tr>
<td>Chocolate</td>
<td>‘C’ hand circles on chin.</td>
</tr>
<tr>
<td>Crisps</td>
<td>Mime the packet and taking crisps to mouth.</td>
</tr>
<tr>
<td>Dinner</td>
<td>Index and middle fingers move alternatively to mouth.</td>
</tr>
<tr>
<td>Grape</td>
<td>Mime picking grape.</td>
</tr>
<tr>
<td>Ice-cream</td>
<td>Mime licking ice-cream.</td>
</tr>
</tbody>
</table>
Thumb comes down over lips to chin, fingers flutter.

Mime milking cow.

Hand makes squeezing action at side of mouth.

Index and middle finger twist at side of mouth.

Make small circles with index finger.

Place flat hands together.

Hand comes up as if out of toaster.

Finger spell 'Y' then dip index and middle finger into pot and take to mouth.

Tip hand with thumb extended to mouth, to drink.
<table>
<thead>
<tr>
<th>People</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mother/Mummy</td>
<td>Finger spell 'M' and tap twice.</td>
</tr>
<tr>
<td>Father/Daddy</td>
<td>Finger spell 'F' and tap twice.</td>
</tr>
<tr>
<td>Baby</td>
<td>Rock baby.</td>
</tr>
<tr>
<td>Boy</td>
<td>Brush index finger under chin.</td>
</tr>
<tr>
<td>Girl</td>
<td>Brush index finger twice on side of lips.</td>
</tr>
<tr>
<td>Children</td>
<td>Flat hand indicates heads of children.</td>
</tr>
<tr>
<td>Grandmother</td>
<td>Finger spell 'G' and tap 'M' twice.</td>
</tr>
<tr>
<td>Grandfather</td>
<td>Finger spell 'G' and tap 'F' twice.</td>
</tr>
<tr>
<td>Man</td>
<td>Draw fingers and thumb down and together.</td>
</tr>
<tr>
<td>Lady</td>
<td>Brush index finger along cheek to chin.</td>
</tr>
<tr>
<td>Friend</td>
<td>Hold own hand and shake.</td>
</tr>
<tr>
<td>Doctor</td>
<td>Index and thumb hold wrist.</td>
</tr>
<tr>
<td>Alphabet 2</td>
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<td>----------------------</td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>N</td>
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<td><img src="image" alt="Hand M" /></td>
<td><img src="image" alt="Hand N" /></td>
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<tr>
<td>T</td>
<td>U</td>
</tr>
<tr>
<td><img src="image" alt="Hand T" /></td>
<td><img src="image" alt="Hand U" /></td>
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