Activities to encourage play using two hands together

Banging objects  together e.g. 2 bricks, 2 shakers

Passing objects  from one hand to the other e.g. any small toy or object.

Pull apart or push together toys and activities,  Velcro fruit, Russian dolls, stickle bricks, easy construction kits/building towers, paper crumpling.

Clapping and finger games  – i.e. ‘Pat-a-cake’ ‘Two Little Dicky Birds’.

Scooping and spooning
Help your child to hold a container in one hand and scoop with a spoon or other container using sand, porridge oats, water, pasta.

Other ideas for extending hand skills
Clothes pegs
Dustpan and brush
Threading
Play dough
Screwing and unscrewing bottles and containers.
Whisking and cooking
Mark making in sand, gloop, with chalk, with tools i.e. large/small paint brushes, cotton buds, hands
Sponges
Dressing up
Construction games
Scissor skills