



## GUIDELINES for giving Instructions

- Be realistic in your expectations
- Give one instruction at a time, and keep language at your child's developmental level.
- Keep instructions relevant and don't use too many
- Use instructions which clearly detail behaviour required ( i.e. "Put the bricks in the box" rather than "Tidy up" )
- Use positive instructions and be respectful
- Give children ample warning of instructions e.g " in 3 minutes (show egg timer) we will be going inside"
- Use "When....then..." (i.e. "When you've put your boots on . . . . then you can go in the garden" )
- Make instructions short and to the point.