

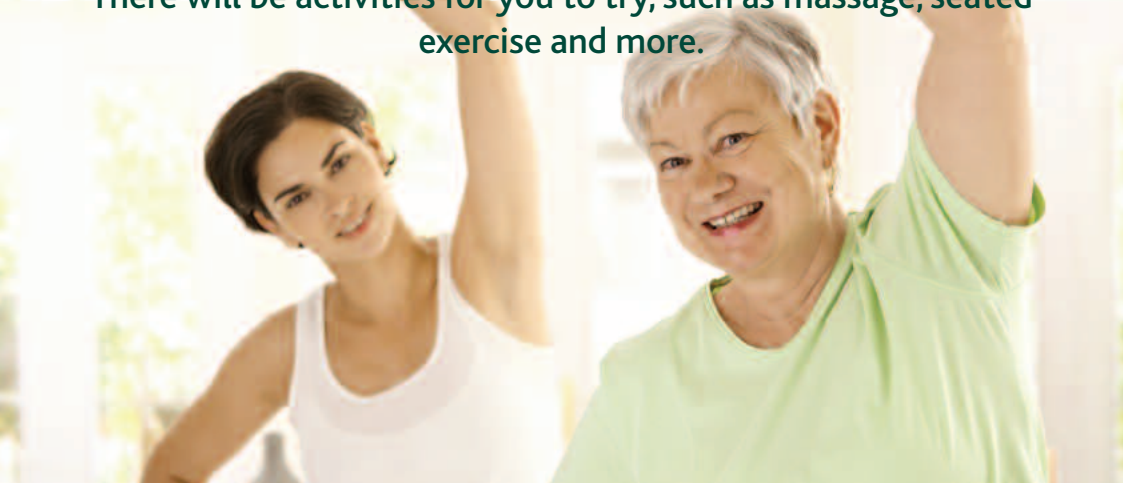


Health and Wellbeing Centres

**We're opening our doors from 2nd - 6th September,
so you can come along and see what
we can do for you!**

Open every day between 10am - 12pm and 2pm - 4pm

Why not join us for a free coffee/tea and see what's on offer?
There's a wide range of information and advice you can access
about your health and wellbeing and about the activities we run.
There will be activities for you to try, such as massage, seated
exercise and more.



Health and Wellbeing Centres can be found in Abingdon,
Banbury, Bicester, Oxford, Didcot, Wallingford and Wantage.

Call **0845 050 7666** or visit

www.oxfordshire.gov.uk/healthandwellbeingcentres



**OXFORDSHIRE
COUNTY COUNCIL**

You're welcome to join us for lunch by prior arrangement.

Just contact your local Health & Wellbeing Centre:

Abingdon:

Audlett Drive, Abingdon, OX14 3GD
tel: 01235 521094

Banbury:

Ruskin Road, Babury, OX16 9HY
tel: 01295 263366

Bicester:

Launton Road, Bicester, OX26 6DJ
tel: 01869 242808

Didcot:

Britwell Road, Didcot, OX11 7JN
tel: 01235 518444

Oxford Options:

Awgar Stone Road, Horspath Driftway, Oxford, OX3 7JQ
tel: 01865 816334

Wallingford:

Millington Road, Wallingford, OX10 8FE
tel: 01491 836467

Wantage:

Stirlings Close, Garston Lane, OX12 7AQ
tel: 01235 765934

“The centres are community hubs where people can get social and health advice and information, and they offer an important respite break for carers.”

