Oxfordshire Disability Directory

A list of disability related organisations and benefits
Welcome to the Oxfordshire Disability Directory

The Directory has been designed to offer a starting point for individuals looking to find information on services and organisations that may be of benefit to disabled people living, working, studying or visiting Oxford.

It is not intended to act as a fully comprehensive guide to what’s available and for more detailed information please contact the organisations themselves.

This is the 2nd edition of the Disability Directory and whilst we intend for you to find it informative and useful we realise that it can still be considered a work in progress.

- If there are organisations or services not listed that you feel should be included in future editions
- If you need to check this is the most up to date version
- You need to request alternative formats
- If you find any errors or inaccuracies in the information provided

please contact:

Oxfordshire County Council’s Access Team
New Road
Oxford OX1 1ND
Email: access@oxfordshire.gov.uk
Tel: 0845 050 7666
Fax: 01865 783 111

The Directory is also available on the Oxford City Council and County Council websites: www.oxford.gov.uk and www.oxfordshire.gov.uk where the entries will be updated on a regular basis.

Compiled in Partnership between
Oxford City Council, Oxfordshire County Council and Oxford Brookes University.
Headway Oxford
Provides information, advice and services supporting anyone affected by acquired brain injury. Services include rehabilitation therapies and basic IT skills. Also provides personal support and assistance for those seeking a return to work, and promote a carers support and respite programme.

Kennington, Oxford OX1 5PL
Tel: 01865 326263
Email: admin@headway-oxford.org.uk
www.headwayoxford.org.uk

Local Sports Clubs aimed at people with physical disabilities, friends and families

Wheelchair Basketball Club
Contact – Julia Hyde
Tel - 01865 2259339 or 07887 650398
Email – Julia.hyde@oxfordshirepct.nhs.uk

Oxfordshire Boccia Academy
Contact – Paul Guest
Tel – 01865 741336
Email – Paul@oxsrad.org

Abingdon Fencing Club
Contact - Ian Smith
www.abingdonfencing.org.uk

Bardwell FC
New entry

Young dementia UK
Promoting well-being in younger people with dementia and their families by providing direct specialist support throughout Oxfordshire.

Tel: 01993 776295
Email: mail@youngdementiauk.org
www.youngdementiauk.org

Amendment

Page 24 - Right Employment

contact: Kieran Cooke
Building C2, Culham Science Centre, Culham, Oxfordshire, OX14 3DB
Tel: 01865 408594
Email: mail@rightemployment.org
<table>
<thead>
<tr>
<th>Section One</th>
<th>Disability Organisations</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Section Two</td>
<td>Education and Training</td>
<td>20</td>
</tr>
<tr>
<td>Section Three</td>
<td>Employment</td>
<td>23</td>
</tr>
<tr>
<td>Section Four</td>
<td>Social &amp; Community Services and Benefits</td>
<td>25</td>
</tr>
<tr>
<td>Section Five</td>
<td>Sport and Leisure</td>
<td>42</td>
</tr>
<tr>
<td>Section Six</td>
<td>Transport and Travel</td>
<td>50</td>
</tr>
<tr>
<td>Section Seven</td>
<td>Useful Websites</td>
<td>58</td>
</tr>
<tr>
<td>Section Eight</td>
<td>Organisations List</td>
<td>60</td>
</tr>
</tbody>
</table>
Section One: Disability Organisations

Local Organisations

Age Concern Oxfordshire
An independent local charity dedicated to promoting the well-being of older people. Contact details of other district groups can be obtained from this number.

Abingdon Helpline
Tel: 01235 849 400 10.00am - 4.00pm Mon - Fri
Email: marydaniel@ageconcernoxon.org.uk
www.ageconcernoxon.org.uk

Age Concern Banbury
Tel: 01295 250 434
Fax: 01295 250 434

Citizens Advice Bureau
Helping people resolve their legal, money and other problems by providing free information and advice.
95 St Aldates Oxford
Tel: 01865 202 715
www.oxford.cab.org

Crossroads - Oxfordshire
Promotes, offers, supports and delivers high quality services for carers and people with care needs.
Tel: 01865 260 280
Email: care@oxfordshirecrossroads.org.uk
www.oxfordshirecrossroads.org.uk
Section One: Disability Organisations

Local Organisations

Deaf Direct
Offer a range of services to Deaf and Hard of Hearing people of all ages.
St Ebbe’s, Oxford, OX1 1RL
Tel/text: 01865 243447
Fax: 01865 722 209
SMS: 01865 722 209
Email: oxford@deafdirect.org.uk
www.deafdirect.org.uk

Diabetes UK Oxford and District Branch
Organises social evenings and gives information and advice.
Tel: 01235 850 659

Down’s Syndrome Oxford
Provides information, help and activities for Down’s Syndrome children and their families.
Tel: 01865 764 952
www.dsoxford.org.uk

Fourteen Club
Provides a range of social, educational and recreational activities for people with learning difficulties in Wantage and surrounding area.
Tel: 01235 764 504
Email: info@14club.org.uk
www.14club.org.uk

Guideposts Trust Independent Living Centre
Advice on independent living.
Tel: 01993 772 886
Email: gpt@guidepoststrust.org.uk
www.guidepoststrust.org.uk
1 Section One: Disability Organisations

Local Organisations

Haemophilia Society
Information and support for haemophiliacs, their families and friends.

Helpline: 0800 018 6068
Tel: 01865 225343
www.haemophilia.org.uk

Isis Counselling Centre
Information, consultation and professional (NHS) counselling for anyone who is distressed by personal or emotional problems.

Tel: 01865 556 648
Monday - Friday 9.00 am – 5.30 pm

Mencap - Oxford
Oxford Mencap provides support and recreational activities for children and adults with learning difficulties in the Oxford area.

Tel: 01865 557 489
Email: katie.hollier@yahoo.co.uk

Mental Health Resource Centre
Drop-in centre for information and advice.

Restore, Manzil Way, Cowley Road
Tel: 01865 728 981

My Life
A self advocacy group run by and for people with learning difficulties in Oxford.

Tel: 01865 204 214
Email: office@mylifemychoice.org.uk
www.mylifemychoice.org.uk
Section One: Disability Organisations

Local Organisations

Multiple Sclerosis Society - Oxford
Provides support, advice and financial aid. Monthly social meetings.

Tel: 07792 377 178
Email: chair@msoxford.org.uk
www.msoxford.org.uk/index.htm

Multiple Sclerosis Therapy Centre - Oxford
A self-help Therapy Centre offering assistance to people with Multiple Sclerosis. Provide a wide range of drug-free symptom management therapies as well as advice and support for all those with the illness and their families. Also centres in Didcot, Wendover and Caversham.

Tel: 01235 832 023
www.msselfhelp.org/html/oxford.html

OASIS (Oxfordshire Autistic Society for Information & Support)
Provides information and support to parents of autistic children and professionals working in the field of autism. Meets 7.30pm, first Tuesday of the month, at Cheney School, Oxford.

Tel: 07900 144 493
Email: voirreyc@aol.com
www.oasisonline.org.uk

Oxford Association for the Blind & Sight Advisory Centre
Provide support for people who are visually impaired, partially sighted or blind.

Tel: 01865 725 595
Email: admin@oxeyes.org.uk
www.oxeyes.org.uk
1 Section One: Disability Organisations

Local Organisations

**Oxfordshire Carers Centres**
Offer confidential support, information and advocacy for carers in Oxfordshire.

Oxford Tel: 01865 205 192
South & Vale Tel: 01235 510 212
North & West Tel: 0845 712 5546 or 01295 264 545
Email: info@carerscentre.co.uk
www.carerscentre.co.uk

**Oxford Epilepsy Support Group**
Tel: 01865 435 458

**Oxford Hard of Hearing Club (see Deaf Direct)**
A social group of individuals of mature age who have impaired hearing or an interest in gearing impaired people or hearing impairment issues. Meet every Wednesday at 2.30 pm at the Oxford Deaf and Hard of Hearing Centre.

Tel: 01865 243 447

**Oxfordshire Befriending Network**
Offer support and company to people with potentially life threatening illness.

East Oxford Community Centre, Princes Street
Tel: 01865 791 781
Email: enquiries@oxonbefriending.net
www.befriending.net

**Oxfordshire Carers’ Forum**
Support the needs of carers and ensure their views are heard by voluntary, professional and statutory organisations.

Tel: 01993 706 543
Email: carers@oxoncarersforum.org.uk
www.oxoncarersforum.org.uk
Section One: Disability Organisations

Local Organisations

**Oxfordshire Community & Voluntary Action**
The main umbrella organisation for the voluntary and community sector in Oxfordshire. Provide advice, liaison and representation.

Tel: 01865 251 946
Email: info@ocva.org.uk
www.oxnet.org.uk

**Oxfordshire Deaf Children’s Society**
Information and support for families with hearing impaired children.

Tel: 01865 331316

**Oxford Deaf Senior Group**

Mr T Lawrence, 1A Quarry School Place, Headington, Oxford.

Fax only: 01865 761922

**Oxfordshire Dyslexia Association**
Offers advice, guidance and support to children and adults with dyslexia and their families. The Association has an Adult Dyslexics Club and Saturday School for children.

Tel: 01865 428 263

**Adult dyslexia helpline:** 01865 762 773

**Children’s dyslexia helplines:** 01235 528 405 and 07972 143 495
Email: oxford.dyslexia@googlemail.com
www.oxdys.org.uk

**Oxfordshire Huntington’s Disease Association**
A support group for carers and people at risk.

Tel: 01295 678004
Email: oxonhdbbranch@hotmail.com
Section One: Disability Organisations

Local Organisations

Oxfordshire ME Group for Action (OMEGA)
Support group for people with ME chronic fatigue syndrome, carers and professionals.

Tel: 01865 766 310
Email: ltrl3@tiscali.co.uk
www.oxnet.org.uk/omega

Oxfordshire Mental Health Matters - MIND
Help those affected by mental distress and provide free and confidential information on a wide range of mental health and related topics.

Tel: 01865 247 788
Email: info@oxford-mentalhealth.org
www.omhi.org.net

Oxfordshire MIND
Provide a wide range of information and support to people with mental health difficulties.

Tel: 01865 263 730 9.30 am - 4.30 pm Mon - Fri
Information line Tel: 01865 247 788
Email: info@oxfordshire-mind.org.uk
www.oxfordshire-mind.org.uk

Oxfordshire Mental Health Information
An online database which provides accessible information about local mental health services.

Tel: 01865 247 788
www.omhi.org.uk

Oxfordshire Parents with Disabilities Network
Offer a helpline, information and support for families.

Tel: 01235 810 949
Email: contact@opdn.org.uk
Section One: Disability Organisations

Local Organisations

**OXTALK**
Oxford and District Talking News produce weekly local news tapes for the blind and visually impaired.

Tel: 01865 766 442
Email: mail@oxtalk.org.uk
www.oxtalk.org.uk

**PHAB - Oxford**
A social club for young people of all ages, some of whom have a physical disability who meet every Friday 7:15 - 10.00pm at Wesley Memorial Hall, New Inn Hall Street, Oxford.

Email: john@paladin.demon.co.uk
www.paladin.demon.co.uk/oxphab
For other groups in Oxfordshire contact: www.phabengland.org.uk

**RESTORE**
Offers creative work, rehabilitation and training for people in Oxfordshire experiencing mental health problems. RESTORE’s LeaP project offers support for those who wish to become self-employed.

Tel: 01865 455 021
Email: info@restore.org.uk
www.restore.org.uk

**Sight Advisory Desk, Oxford Eye Hospital**
Daily living equipment and advice, counselling for those in need.

Tel: 01865 231 598
www.oxfordeyehospital.nhs.uk

**The Causeway Centre – Mental Health Matters**
Drop-in centre for information and advice.

Tel: 01865 228 981
Email: omhm@oxford-mentalhealth.org
Section One: Disability Organisations

National Organisations

Ability Net
A national charity helping disabled adults and children use computers and the internet by adapting and adjusting their technology.

Tel: 0800 269 545 (free call)
Email: accessibility@abilitynet.org.uk

Action for Blind People
An expert national organisation, ensuring blind and partially sighted people receive practical support in all aspects of their lives.

Tel: 0800 915 4666 (free call)
www.actionforblindpeople.org.uk

ADAPT (All-age Dementia Advocacy Project)
Provides advocacy for people of all ages with dementia. Referrals can be accepted via any route, e.g. self, carer, professional, etc.

Tel.: 01865 742 745
Fax: 01865 761 546
Email: adapt@oadg.org.uk
www.oadg.org.uk

Alzheimer’s Society - Oxfordshire
A membership organisation, which works to improve the quality of life of people affected by dementia.

Tel: 01865 876 508
Email: alzheimersoxford@aol.com

www.alzheimers.org.uk

Central Office: 020 7423 3500
Email: enquiries@alzheimers.org.uk
Section One: Disability Organisations

National Organisations

**Autism Family Project**
Develops support services for people where a family member has been diagnosed with an autistic spectrum disorder. (Also see OASIS)

Tel: 01844 338 696
Email: gita@childrenintouch.freeserve.co.uk
www.autism-fs.org.uk

**BEAT - Beating eating Disorders**
Information and help on all aspects of eating disorders.

Helpline: 0845 634 1414 8.30 am - 8.30 pm
Beat Youthline Tel: 0845 634 7650
Email: help@b-eat.co.uk
www.b-eat.co.uk

**British Computer Association of the Blind**
A self help group of visually impaired computer users.

Tel: 0845 430 8627
Email: info@bcab.org.uk
www.bcab.org.uk

**British Wireless for the Blind Fund**
Supplies a choice of high quality, easy to use audio equipment on free permanent loan to blind and partially sighted people in the UK.

Tel: 01622 754 757
Email: info@blind.org.uk
www.blind.org.uk

**Canine Partners**
Canine Partners is a charity that aims to transform the lives of people with disabilities, enabling them to live more independently by partnering them with highly trained assistance dogs.

Tel: 08456 580 480
Email: info@caninepartners.co.uk
www.caninepartners.co.uk
Section One: Disability Organisations

National Organisations

Cystic Fibrosis Trust
Group meetings for parents to enable sympathetic discussions of problems.

Helpline: 0845 859 1000
Tel: 0207 380 6500
Email: frances@rtharris.co.uk
www.cftrust.org.uk

Cinnamon Trust
Recruits volunteers to look after pets for people who are unable to manage, often through illness or infirmity.

Tel: 01738 757 900

Depression Alliance
Working to relieve and to prevent depression by providing information, support and understanding to those who are affected by it.

Tel: 0845 123 2320
Email: information@depressionalliance.org
www.depressionalliance.org

Disabled Living Foundation
A national charity that provides free, impartial advice about disability equipment and mobility products.

Tel: 0845 130 9177
Email: advice@dlf.org.uk

Dogs for the Disabled
Creates life-changing partnerships by training assistance dogs to help disabled people lead a fuller, more independent life.

Tel: 01295 252 600
Email: info@dogsforthedisabled.org
www.dogsforthedisabled.org
Section One: Disability Organisations

National Organisations

Guide Dogs for the Blind
Providing guide dogs, mobility and other rehabilitation services that meet the needs of blind and partially-sighted people.

Tel: 0118 983 5555
Email: guidedogs@guidedogs.org.uk
www.guidedogs.org.uk

Hearing Dogs for the Deaf
Hearing dogs alert their deaf owners to sounds we take for granted, providing greater independence, confidence and security.

Tel: 01844 348 100 (voice & minicom)
Email: info@hearingdogs.org.uk
www.hearingdogs.org.uk

Learning Disability Helpline - Mencap
Free confidential helpline providing advice and information service for people with a learning disability, their families and carers. It also provides information and advice to anyone wanting to know about learning disability issues and services.

Tel: 0808 808 1111

Leonard Cheshire Disability
Provide a wide range of services in support of disabled people. These include care homes, supported living, domiciliary support, day services, resource centres, rehabilitation, respite care, personal support and training and assistance for those looking for work.

Tel: 020 3242 0200
Email: info@lcdisability.org
www.lcdisability.org
1 Section One: Disability Organisations

National Organisations

Limbless Association
Information and advice for people who have had amputations or been born without upper or lower limbs.
Amputees Helpline: 0845 2300 025
Tel: 020 878 81777
Email: enquires@limbless-association.org
www.limbless-association.org

Motor Neurone Disease (MND) Association
A resource for people with MND and those that care for them.
Tel: 0845 762 6262
Email: mndconnect@mndassociation.org
www.mndassociation.org

National Autistic Society
Champions the rights and interests of all people with autism and provide individuals with autism and their families with help, support and services which can make a positive difference to their lives.
Tel: 020 7833 2299
www.nas.org.uk

National Court Service - Disability Helpline
Tel: 0800 358 3506
Textphone: 0191 478 1476
www.hcourts-service.gov.uk

Order of St John Care Trust
Delivering care services, including residential, nursing and dementia care for older people
Tel: 01865 202 356
Fax: 01865 268 899
Email: oxon@osjct.co.uk
www.osjct.co.uk
16
Section One: Disability Organisations

National Organisations

**Parkinson’s Disease Society of the UK**
Advice and support for people with Parkinson’s, their carers and care professionals.

Tel: 0808 800 0303
Email: enquiries@parkinsons.org.uk

**Royal Association for Disability & Rehabilitation (RADAR)**
(RADAR toilet keys etc)
Keys are available for purchase from the Oxford Tourist Office and Shopmobility in the Westgate Car Park.

Tel: 020 7250 3222
Email: radar@radar.org.uk
www.radar.org.uk

**Ricability**
A charity that researches and publishes information on products and services for older and disabled people.

Tel: 020 7427 2460
Email: mail@ricability.org.uk
www.ricability.org.uk

**Rethink**
A national mental health membership charity that works to help everyone affected by severe mental illness to recover a better quality of life.

General Enquiries: 0845 456 0455
Email: info@rethink.org
www.rethink.org

**Royal National Institute for the Blind (RNIB)**
Offers information, support and advice to people with sight loss.

Main Office: 020 7296 8000
Email: helpline@rnib.org.uk
Helpline: 0845 766 9999
www.rnib.org.uk
Section One: Disability Organisations

National Organisations

Royal National Institute for the Deaf (RNID)
A national charity supporting blind and visually impaired people

Tel: 0808 808 0123
Textphone: 0808 808 9000
Email: informationline@rnid.org.uk
www.rnid.org.uk

SeniorLine - at Help the Aged
A free advice service for older people on benefits, care in the home, residential care, access to health and community services.

Tel: 0808 800 6565
Textphone/minicom: 0800 269 626
Email: seniorline@helptheaged.org.uk

SCOPE
A UK disability organisation whose focus is people with cerebral palsy (cp). Scope provides both a national and local information and support services.

Tel: 0808 800 3333
Email: response@scope.org.uk
www.scope.org.uk

Spinal Injuries Association
Offers a Spinal Chat Room, a Bulletin Board and factsheets for people with spinal injuries, paraplegics, tetraplegics, wheelchair users and walkers.

Freephone: 0800 980 0501
Tel: 0845 678 6633
www.spinal.co.uk
Section One: Disability Organisations

National Organisations

**Stroke Association**
Working for a world where there are fewer strokes and all those touched by stroke get the help they need.

Helpline: 0845 3033 100 (calls charged at local rates)
9.00am – 5.00 pm Mon – Fri
Tel: 020 7566 0300
Fax: 020 7490 2686
Textphone: 020 7251 9096
Email: info@stroke.org.uk
www.stroke.org.uk

**Support Dogs**
Support Dogs is a UK charity dedicated to improving the quality of life for people with epilepsy and people with disabilities by training dogs to act as efficient and safe assistants.

Tel: 0114 261 7800
Email: supportdogs@btconnect.com
www.support-dogs.org.uk

**United Kingdom's Disabled Peoples' Council (UKDPC)**
Britain’s national umbrella organisation for groups controlled by disabled people.

Tel: 01332 295 551
Email: general@uksdpc.org
www.bcodp.org.uk
Section Two: Education and Training

Adult Learning - Oxfordshire County Council
Information about adult learning courses, skills for life, and other schemes available to adults considering learning opportunities.

General Enquiries
Tel: 01865 456 738
The Cricket Road Centre
18 Cricket Road, Oxford, OX4 3DW

Assistive Resources Centre (ARC) - Oxford and Cherwell Valley College
Provides needs evaluation for students (referred by their Local Education Authority) applying for Higher Education who wish to apply for the Disabled Students Allowance.

Tel: 01865 551 998
Email: crobertson@ocvc.ac.uk
www.ocvc.ac.uk/assistive-resources-centre

Connexions Oxfordshire
Provides information and advice on learning, careers, health, relationships, money and lots more for young people aged 13-19.

Tel: 01865 815 166
Email: askconnexions@oxfordshire.gov.uk
www.spired.com/connexions

Dering Employment
Subcontracted by Shaw Trust to assist in employment options for people who are profoundly deaf or with severe hearing loss.

Tel: 020 8686 9696
www.dering.biz
Section Two: Education and Training

Disabled Student Allowance
Extra financial help if you have a disability or a specific learning difficulty like dyslexia. It is paid on top of the standard student finance package and doesn't have to be repaid.

www.directgov.uk

Iffley Mead School
A state school for pupils with moderate and complex learning difficulties.

Tel: 01865 747 606
Email: office.7018@theocn.net
www.iffley-mead.oxon.sch.uk

Oxford Co-operative Training Scheme
Provide courses on various skills/issues relating to community care.

Tel: 01253 211 038
Email: admin@octs.org.uk
www.octs.org.uk

Oxford Brookes Disabled Students' Advisors

Tel: 01865 484 650
Email: disabilitysupport@brookes.ac.uk
www.brookes.ac.uk/students.services/disability

Oxfordshire County Council Special Educational Needs Children’s Services

Tel: 01865 815 671

Oxford Student Mental Health Network
Information and guidance and training on student mental health.

www.brookes.ac.uk/student/services/osmhn
**Section Two: Education and Training**

**Parent Partnership Service**
Offers impartial information, support, advice and training to parents to enable them to make informed decisions about their child’s special educational needs (SEN). The service provides a weekly drop-in advice session, a telephone helpline, a range of useful leaflets, tapes and videos in English and 6 minority languages, as well as training events for parents and groups.

Tel: 01865 810 516  
www.oxfordshire.gov.uk  
County Hall, New Road, Oxford, OX1 1ND  
National organisation: www.parentpartnership.org.uk

**SKILL**

Tel: 0800 328 5050  
www.skill.org.uk

**Student Counselling in UK Universities**
Provides links to a number of pages, which provide practical help on various UK university websites. All these sites approach the problems from a student perspective.

www.studentcounselling.co.uk

**Unicorn School, Oxford**
A private co-educational day school for dyslexic children aged between 6 and 12 years.

Tel: 01235 530 222  
www unicorndyslexia.co.uk

**University of Oxford Disability Office**

www.admin.ox.ac.uk/eop/disab
Section Three: Employment

Access to Work
Access to Work can help if you are about to start paid work (including self-employment) or if you’re already in a job. Both unemployed and employed disabled people who need the help of a communicator at a job interview can get help through Access to Work.

www.jobcentreplus.gov.uk

Disability Employment Advisor - Job Centre Plus
If you need extra employment support because of a disability, your local Jobcentre Plus office can put you in touch with one of their Disability Employment Advisers

Tel: 0845 604 2757
Textphone 0845 604 6524

Employers Forum on Disability
Supports organisations to recruit, retain and serve disabled customers. The site includes information on publications, events and the Disability Discrimination Act.

Email: enquiries@efd.co.uk
wwwefd.co.uk

Remploy Ltd - (Recruitment) Banbury, Oxon
Remploy provides specialist employment services for disabled people and those who face complex barriers to employment. The range of services offered enable disabled people, people with a health condition and others to make the most of their skills and abilities, to gain or retain sustainable employment.

General Enquiries: 0800 138 7656
Tel: 0845 601 5878 (jobseekers)
Tel: 0845 900 0031 (employers)
Email: employmentservices.osc@remploy.co.uk
www.remploy.co.uk
Section Three: Employment

Right Employment
An independent organisation for people with learning disabilities set up by Oxfordshire Learning Disability NHS Trust and Oxfordshire County Council.

Tel: 01235 547 160
Email: rightemployment@tiscali.co.uk

Scout Enterprises Ltd
Assisting disabled people to get back into the workforce with support and training facilities.

Tel: 01865 395 544
Fax: 01865 395 505

The Two Ticks System ✔✔
If an employer displays this symbol it means they are positive about employing disabled people. More information can be found on the Jobcentreplus website.

www.jobcentreplus.gov.uk
Section Four: Oxfordshire Social and Community Services (and Benefits)

Access Team
This is the sole access route for all new contact (and re-referrals) into social care.
Main contact details as follows:

Access Team: PO Box 780, Oxford OX1 9GX
Tel: 0845 0507 666
SMS: 07788 571577
Fax: 01865 783 111
Email: access@oxfordshire.gov.uk
Out of hours emergency: 0800 833408 (freephone)

Accessible Childcare - Oxfordshire Family Information Service
We offer free, impartial support and information through our Information Officer for Accessible Childcare who is dedicated to working with families with disabled children or young people and those with additional needs (aged 0-20). The information and support can be in the form of identifying suitable childcare, accessing play and leisure opportunities, support groups and anything else that affects these families in Oxfordshire. Our officer also works with providers, helping to promote and improve inclusive provision in the county.

Tel: 08452 26 26 36
E-mail: fis.enquiries@oxfordshire.gov.uk
www.oxonfis.org.uk

Attendance Allowance
Attendance Allowance is a tax-free benefit for people aged 65 or over who need help with personal care because they are physically or mentally disabled.

Tel: 0845 712 3456
www.dwp.gov.uk or contact your local authority

Benefit Confidential Enquiry
Tel: 0800 882 200
www.entitledto.co.uk
Section Four: Oxfordshire Social and Community Services (and Benefits)

Blind Persons Tax Allowance - via HM Revenue & Customs
If you are registered blind you are entitled to a special income tax allowance, in addition to the other tax allowances available.

Tel: 0845 366 7887 (8.00am -10.00 pm Mon - Fri) (8.00 am - 4.00pm Sat)

Clinical Waste Disposal
If you need to dispose of clinical waste this can be arranged as a special collection.

District Councils
South Oxfordshire: 01491 823 416
Cherwell: 01295 221 940
Vale of White Horse: 01235 520 202
Oxford City: 01865 252 900
West Oxfordshire: 01993 861 000

Department of Work and Pensions
Information on benefits available for disabled people and carers.

www.dwp.gov.uk/lifeevent/discare

DirectGov UK
Information on other support available for disabled people. Direct payments can be made by councils to people receiving social care services, instead of the council providing the service directly. Find out whether you can get direct payments, what you can and cannot use them for, and how to apply for them from this website.

Also contact your local authority - contact details on page 31.


Directory Enquiries
BT has a free directory enquiries service for blind or disabled people.

Just ring 195 between the hours of 8.00am - 5.00pm
Section Four: Oxfordshire Social and Community Services  
(and Benefits)

Disabled Adaptations
Oxford City Home Disabled Adaptations Team is responsible for carrying out alterations and adaptations to Council homes following recommendations from an Occupational Therapist.

For an Occupational Therapy assessment contact the Access Team on:
0845 050 7666

Disabled Facilities Grant
If you or someone living in your property is disabled you may qualify for a disabled facilities grant towards the cost of providing adaptations and facilities to enable the disabled person to continue to live there.

Tel: 01865 252 864
Email: jexley@oxford.gov.uk
www.oxford.gov.uk/community/disability-grants.cfm
Outside of Oxford City contact your local authority - contact details page 31.

Disability Living Allowance
This is a tax-free benefit for children and adults under 65, who need help with personal care or have walking difficulties because they are physically or mentally disabled.

Tel: 0845 712 3456
www.direct.gov.uk or contact your local authority

Garden Scheme
City Council tenants may be entitled to some gardening provision. You must be in receipt of housing benefits as well as being elderly and physically unable to manage your garden. You may be asked to provide medical documentary proof. You will not be eligible if you have someone living with you or someone who lives in Oxfordshire who is capable of maintaining your garden.

Contact your local housing manager to discuss.
Outside of Oxford City contact your local authority - contact details page 31.
Libraries
There are 43 libraries and 5 mobile libraries which offer concessions to people who are disabled, including blind or partially sighted and deaf or hearing impaired. Contact the Libraries Customer Service Unit for more details.

Libraries Customer Service Unit
Tel: 01865 810 240
www.oxfordshire.gov.uk/libraries

Oxford City Council deals with Housing Benefit and Council Tax Benefit for people living in Oxford.
Housing Benefit and Council Tax Benefit help people on low incomes to pay their rent and Council Tax. If you are in or out of work you don’t have to receive any other benefit to claim Housing Benefit and Council Tax Benefit.
For more information on Housing Benefit and Council Tax Benefit see the relevant sections of this website. You can also view and download our leaflet Help with your Rent and Council Tax from our website.

Oxford City Council, Benefits Service, St Aldgate’s Chambers,
PO Box 10, Oxford, OX1 1EN
Tel: 01865 252 849
Tel: 01865 252 065
Email: benefits@oxford.gov.uk
Outside of Oxford City contact your local authority - contact details page 31.
Disability Reduction

A disabled band reduction may apply if anyone in your household is disabled (an adult or a child) and the property has been adapted in order to meet the disabled person’s needs. This property must be the disabled person’s main home to qualify for the reduction.

If your property qualifies for a disabled band reduction, your council tax bill will be reduced to one band below its official banding. If your property falls into band A you may be entitled to a reduction of 1/9th of a Band D property.

A reduction may not necessarily apply just because the disabled person is registered as disabled. The criteria relates to the physical nature of the property.

A reduction can be granted provided one of the following conditions apply and that it is essential or of major importance for the well-being of the disabled person who is resident in the household:

• a room, other than a bathroom, kitchen or lavatory, is used mainly by the disabled person and is required for meeting their needs
• an additional bathroom or kitchen is required to meet the needs of the disabled person
• there is enough space for the use of a wheelchair where one needs to be used inside the property

You do not have to have made any adaptations yourself to the property. Providing one of the above conditions applies, you may be entitled to a reduction.

Social & Community Services, County Hall, Fourth Floor, New Road, Oxford
Tel: 0845 050 7666
Section Four: Oxfordshire Social and Community Services (and Benefits)

Reparis Exemption Scheme
If you are a council tenant, and over 65 or receiving Disability Living Allowance you are entitled to have help with the maintenance of your home. Oxford City Council have put in place a Repairs Exemption Policy to provide help for those tenants who are unable to maintain their home through physical disability.

To apply you need an Exemption Application Form from Oxford Building Solution from the freephone repair line on 0800 227676.
A form can be picked up from you local housing office or local services shop.
Outside of Oxford City contact your local authority - contact details page 31.

Oxford City Control Centre
01865 742 138
Outside of Oxford City contact your local authority - contact details page 31.

Safety Pendant Alarms & Sensors/Telecare Alarms & Sensors
Help for the elderly or disabled. 24hr help on call - 365 days a year. Mobile Warden or monitoring service, temporary installations available.

For assessment telephone the Access Team on 0845 050 7666

Oxford Control Centre
Tel: 01865 742 138
Outside of Oxford City contact your local authority - contact details page 31.

Voting
If you are unable to attend a polling station due to disability, you can arrange to vote by proxy or post.

Large print voting papers are also available at Polling Stations.

Tel: 01865 252 987
Email: elections@oxford.gov.uk
Outside of Oxford City contact your local authority - contact details page 31.
Contact details for local authorities

Cherwell District Council  
Bodicote House, Bodicote, Banbury, Oxon OX15 4AA  
Tel: 01295 252 535  
Textphone: 01295 221 572  
Fax: 01295 270 028  
www.cherwell-dc.gov.uk

Oxford City Council  
PO Box 10, Oxford OX1 1EN  
Tel: 01865 249 811  
www.oxford.gov.uk

Oxfordshire County Council  
Oxfordshire County Council, County Hall, New Road, Oxford, OX1 1ND  
Tel: 01865 792 422  
www.oxfordshire.gov.uk

South Oxfordshire District Council  
Benson Lane, Crowmarsh Gifford, Wallingford, Oxon OX10 8ED  
Tel: 01491 823 000  
Fax: 01491 823 001  
Email: info@southoxon.gov.uk  
www.southoxon.gov.uk

Vale of Whitehorse District Council  
Vale of White Horse District Council, Abbey Close, Abingdon, Oxon OX14 3JE  
Tel: 01235 520 202  
www.whitehorsedc.gov.uk

West Oxfordshire District Council  
Council Offices, Woodgreen, Witney, Oxon, OX28 1NB  
Tel: 01993 861 000  
Fax: 01993 861 050  
www.westoxon.gov.uk
Oxfordshire County Council Supported Day Centres

Abingdon Day Centre
The Charter, Abingdon, Oxfordshire OX14 3LZ
Tel: 01235 521 094
Open: Monday to Friday, 8.30am until 4.30pm

Abingdon Resource & Wellbeing Centre offers an extensive range of social and care services. The centre provides 40 places a day for older people and 24 places a week for physically disabled individuals. The centre offers a range of prevention and support services focused on the wider community.

Banbury Day Centre
Britannia Road, Banbury, Oxfordshire OX16 5DN.
Phone: 01295 263 366
Open: Monday to Friday, 9.00am until 4.30pm

Banbury Day Centre is a 30 place day centre for older people providing a daily programme of activities including a hot lunch. It offers opportunities to socialise with other people and receive care support. We have strong links with the local community including regular visits from the local schools and colleges.

Bicester Resource Centre
Launton Road, Bicester, Oxfordshire, OX26 6DJ
Tel: 01869 242 808
Open: Monday to Friday 8.00am until 4.30pm

Bicester Resource & Well Being Centre offers an extensive range of social and day care services. It includes a 40 place multipurpose day centre and many prevention and support services focused on the wider community.
 Didcot Day Centre  
Britwell Road, Didcot, Oxfordshire OX11 7JN  
Tel: 01235 518 444  
Open: Monday to Friday, 9.00am until 4.30pm  
Didcot Day Centre is a 30-place day centre for older people and provides a daily programme of activities that include a light breakfast and a hot lunch. It offers the opportunity to socialise with other people and receive care support. Parking is available.

Wallingford Day Centre  
Westgate House, Millington Road, Wallingford, Oxfordshire OX10 8FE  
Tel: 01491 836 467  
Open: Monday to Friday, 9.00am until 4.30pm  
Wallingford Day Centre is a 30-place day centre for older people. It provides a daily programme of activities that include a hot lunch. It offers the opportunity to socialise with other people and receive care support.

Wantage Day Centre  
Garston Lane, Stirling Close, Wantage, Oxfordshire OX12 7AQ  
Phone: 01235 765 934  
Open: Monday to Friday, 9.00am until 4.30pm  
Wantage Day Centre is a 35-place day centre for older people. It provides a daily programme of activities that include a light breakfast and a hot lunch. It offers the opportunity to socialise with other people and receive care support.
Abingdon Alzheimers:
Day Centre: Mental Health - Tel: 01235 205 407
www.alzheimers.org.uk/BranchWebsites/abingdonandthevale/index.htm
7 mile radius of Abingdon; OX14 1AG
Days & Times Open: Five Days per week.
Times: 9:30am - 3:00pm

Age Concern - Anchor Court:
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
Oxford City; OX4 1AA
Days Open: Monday - frail older people.
Times: 10:00am - 3:00pm

Age Concern - Asian Elders:
Lunch Club - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
Oxford City; OX4 2YF
Days Open: Tuesday - frail older people.
Time: 10.00am - 2.00pm

Age Concern - Barton:
Day Centre/Lunch Club - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
Barton Headington; OX3 9LS
Days Open: Monday - frail older people.
Time: 11.00am - 2.00pm

Age Concern - Bluebells:
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/mental.htm
5 mile radius; RG9 1AG
Days Open: Wednesday, Thursday and Friday - older people mental health needs.
Time: 11.00am - 2.00pm
Other Local Day Centre Resources which can be accessed

**Age Concern - Burford:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
Burford Area; OX18 4HU
Days Open: Monday - frail Older people.
Time: 9:30am - 2:30pm

**Age Concern - Chiltern:**
Lunch Club - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
Chiltern Area; OX11 0SH
Days Open: Thursday - frail older people.
Time: 10.00am - 3.00pm

**Age Concern - The Clock House:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
Greater Leys Blackbird Leys; OX4 7FX
Days Open: Tuesday - frail older people.
Times: 10.00am - 3.00pm

**Age Concern - Dovecote:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/mental.htm
5 Mile Radius; OX9 3AJ
Days Open: Wednesday and Friday - older people with Mental Health needs.
Time: 10.00am - 3.00pm.

**Age Concern - Kidlington:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
5 Mile Radius; OX5 1JP
Days Open: Monday and Friday - frail older people.
Time: 10.00am - 3.00pm
Other Local Day Centre Resources which can be accessed

**Age Concern - Kingsmoor:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/mental.htm
5 Mile Radius; SN7 8RN
Days Open: Tuesday, Wednesday and Friday - older people.
Time: 10.00am - 3.00pm

**Age Concern - Nettlebed:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
5 Mile Radius; RG9 5DE
Days Open: Friday - frail older people.
Time: 10.00am - 3.00pm

**Age Concern - North Oxford:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
North Oxford; OX2 8ES
Days Open: Tuesday - frail older people.
Time: 10.00am - 3.00pm

**Age Concern - Oakwood Centre:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
5 Mile Radius of Faringdon; SN7 8DS
Days Open: Tuesday, Thursday and Friday - frail older people.
Time: 9.00am - 3.00pm

**Age Concern - St Francis Banbury:**
Day Centre - Tel: 01235 849 400
http://www.ageconcernoxon.org.uk/services/daycentres.htm
5 mile radius of Banbury; OX16 1FA
Days Open: Monday - frail older people.
Time: 10.00am - 3.00pm
<table>
<thead>
<tr>
<th>Centre Name</th>
<th>Tel No.</th>
<th>Location</th>
<th>Days Open</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age Concern - St Francis Court/Wood Farm Headington Day Centre</td>
<td>07920 234 624</td>
<td>Oxford City; OX3 7JF</td>
<td>Wednesday - frail older people.</td>
<td>10.00am - 3.00pm</td>
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<tr>
<td>Age Concern - Watlington &amp; District Day Centre</td>
<td>01491 612 144</td>
<td>Watlington and Surrounding Villages; OX49 5PZ</td>
<td>Week Days - frail older people.</td>
<td>10.00am - 3.00pm</td>
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<tr>
<td>Bampton Bush Day Centre</td>
<td>01993 850 224</td>
<td>Bampton and surrounding areas; OX18 2JH;</td>
<td>Wednesday- frail older people and mental health.</td>
<td>10.00am - 2:30pm</td>
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<tr>
<td>Berinsfield Day Centre</td>
<td>01865 341941</td>
<td>Berinsfield area; OX44 9LN</td>
<td>Tuesday and Friday - frail older people.</td>
<td>9:30am - 3:30pm</td>
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<tr>
<td>Bromsgrove Day Centre</td>
<td>077 4244 2236</td>
<td>Faringdon; SN7 7JF</td>
<td>Monday and Thursday - frail older people.</td>
<td>10.00am - 3.00pm</td>
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<tr>
<td>Chinese Community Centre/Lunch Club</td>
<td>01865 204188</td>
<td>Oxfordshire; OX4 1DD</td>
<td>Tuesday - frail older people.</td>
<td>11.00am - 2.00pm</td>
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</tbody>
</table>
Charlbury Day Centre:
Day Care: Tel: 01608 811 337
Charlbury and Surrounding areas; OX7 3QW
Days Open: Wednesday - frail older people.

Chalgrove Day Care:
Tel: 01865 890 339
Chalgrove, Cuxham, Brightwell, Baldwin, Stadhampton, Newington areas; OX18 3JY
Days Open: 10.00am - 2.00pm Tuesday - frail older people and Friday - mental health.

Carterton Day Centre:
Day Care - Tel: 01993 840 162
5 Mile Radius; OX18 3JY
Days Open: Monday, Tuesday and Wednesday - frail older people.

Cholsey Day Centre:
Day Care - Tel: 01491 652 970
http://www.cholsey.org/DayCentre
Parish of Cholsey; OX10 9PQ
Days Open: Monday, Wednesday and Friday frail older people.
Time: 9:30am - 3.00pm

Cluster Day Centre:
Day Care - Tel: 01295 758 531
Cropredy, Great & Little Bourton, Wardington, Claydon, Hanwell and Mollington OX17 1AE;
Days Open: Tuesdays - frail older people.
Time: 10.00am - 3.00pm

Daybreak Oxford - The Lilacs:
Day Care - Mental Health - Tel: 01865 776 744
www.daybreakoxford.org.uk/daycentres.html
Oxford and surrounding areas; OX5 2BW
Days Open: Monday, Wednesday, Thursday and Friday - mental health.
Time: 9.00am - 3.00pm
Day Centre and Lunch Club Listings

Daybreak Oxford - Rosewood Day Care:
Mental Health - Tel: 01865 776 744
www.daybreakoxford.org.uk/daycentres.html
Oxford and Surrounding areas; OX4 7FX
Days Open: Monday and Friday - frail older people and mental health.
Time: 9:30am - 3:00pm

Daybreak Oxford - The Limes:
Day Care - Mental Health - Tel: 01865 776 744
www.daybreakoxford.org.uk/daycentres
Oxford and surrounding areas; OX2 6TN
Days Open: Monday and Thursday mental health.
Time: 9:30am - 3:30pm

Elms Health & Well Being Day Care:
Tel: 01993 706 824
5 Mile radius; OX28 4AZ
Days Open: Week Days- older people and mental health.
Time: 10.00am - 3.00pm

Eynsham Day Centre:
Day Care - Tel: 0794 989 5937
www.eynsham-pc.gov.uk/a-z_club_detail.asp?ClubID=60
Eynsham and surrounding areas; OX29 4QW
Days Open: Monday - frail older people.
Time: 10:00am - 3:00pm

Fielding Day Centre - Lunch Club:
Tel: 01295 780 259
www.cherwell-local.org.uk/site/
Fielding-Day-Centre; Sibford Ferris, Sibford Grower and Surrounding Villages OX15 5RW
Days Open: Wednesday frail older people.
Time: 10:30 - 1:30pm
Goring: Lunch Club
Tel: 01235 849 400
www.ageconcernoxon.org.uk/services/daycentres.htm
Goring Area; RG8 9HB
Days Open: Tuesday - frail older people.

Goring & District Community Centre Trust Lunch Club:
Day Centre - Lunch Club - Tel: 01367 860 176
Goring and surrounding areas; RG8 9HB
Days Open: Wednesday- frail older people.
Time: 10.00am - 1.00pm

Grove Day Centre:
Day Centre - Tel: 01235 764 408
Grove and surrounding areas; OX12 7LB
Days Open: Tuesday and Thursday frail older people.
Time: 10.00am - 3.00pm

Hanborough & District Day Centre:
Day Care- Tel: 01993 882951; Hanborough and surrounding areas; OX29 6SD
Days Open: Wednesday frail older people.
Time: 10.00am - 2.30pm

Happy Place Day Centre Botley:
Chinese Day Care
Tel:01865 721361
Botley area; OX2 ONL
Days Open: Monday and Thursday - frail older people.
Time: 12noon - 2:30pm

Highland Day Centre:
Day Care - Tel: 0160 643 320
Chipping Norton and Surrounding Villages; OX7 5GG
Days Open: Monday, Wednesday, Thursday and Friday - frail older people.
Times: 9.00am - 4.00pm
**Hook Norton Care Group:**  
Day Care - Tel: 01608 737 388  
www.hook-norton.org.uk  
Hook Norton and surrounding areas; OX15 5NP  
Days Open: Monday - frail older people.  
Time: 10.00am - 3pm

**Lake House Day Centre**  
Tel: 01295 811 183  
Days Open: Monday - Friday - frail older people.  
Time: 9.00am - 4.00pm

**October Club (Wantage):**  
Day Care - Mental Health - Tel: 01235 760425  
www.wantage.com  
Wantage and local villages; OX12 8AQ;  
Days Open: Monday, Wednesday and Friday mental health/dementia.  
Time: 9.00am - 3.00pm

**Share Care Day Centre, Age Concern:**  
Day Centre - Tel: 01865 890 633  
Holton and surrounding areas: OX33 1PR  
Days Open: Monday and Wednesday - frail older people.  
Time: 9:30am - 3.00pm

**Stonesfield Day Centre:**  
Lunch Club- Tel: 01993 891 414  
Stonesfield: OX29 8PU  
Days Open: Wednesday- frail older people.  
Time: 10.30am - 3.30pm

**St Andrews Community Assoc/Chinnor:**  
Day Centre - Tel: 01844 353733;  
www.chinnorvillagecentre.co.uk;  
Chinnor, Kingston Blount, Aston Rowant, Cromwell, Henton& Sydenham; OX39 4HE  
Days Open: Thursday - frail older people.  
Time: 10.00am - 3:30pm.
Day Centre and Lunch Club Listings

St Marys Thursday Club:
Day Care - Tel: 01295 721 327
Bloxham area; OX15 4ET
Days Open: Thursday - frail older people.
Time: 10.00am - 3.00pm

Thame & District:
Day Centre - Tel: 01844 213 546
www.thameanddistrictdaycentre.co.uk
Thame and District; OX9 3JT
Days Open: Tuesday, Wednesday and Friday frail older people.
Time: 9:30am - 3.00pm

West Way Day Centre (WRVS):
Day Care - Tel: 01865 742 732
Botley, Cumnr and Farmoor; OX2 9JN
Days Open: Monday and Friday frail older people.
Time: 10.00am -3.00pm

Windmill Thursday Club Ltd (Deddington):
Day Care - Tel: 01869 338 153
www.deddington.org.uk
Deddington, Astons, Barton, Duns Tew, Over Worton, Somerton; OX15 0QH
Days Open: Tuesday and Thursdays - frail older people.
Time: 10.00am - 3.00pm

Wychwoods Day Centre:
Day Care - Tel: 01993 832994
www.shiptonunderwychwood.org
Shipton Under Wychwood, Leafield, Fifield,Lyneham, Bould, Foscot, Idbury; OX7 6BQ
Days Open: Thursday - frail older people.
Time: 10.00am - 3:30pm.
Ashmolean Museum
Run guided sessions for people with hearing and visual impairments quarterly. Sessions can also be arranged on request for any group or individual with special requirements. Contact the Education Service for details.

Tel: 01865 278015
Fax 01865 288192
Email: education.service@ashmus.ox.ac.uk
www.ashmolean.org

Barton Leisure Centre
Level access, accessible changing room and toilet.

Waynflete Road, Barton, Oxford, OX3 8GA
Tel: 01865 467290
www.oxford.gov.uk/leisure

Blackbird Leys Leisure Centre
Sports hall, fitness room, snooker room, etc - all accessible.

Pegasus Rd, Blackbird Leys, Oxford OX4 6JL
Tel: 01865 467020
www.oxford.gov.uk/leisure

Bowlplex
Level access throughout.

Ozone Leisure Park, Grenoble Road, Oxford
Tel: 01865 714100
www.bowlplex.co.uk
Section Five: Disability Organisations

Local Organisations

County Disability Sports Officer
Support and work with individuals, schools, organizations and voluntary agencies to increase the opportunities available in Sport and physical activity for disabled people and encourage and support people to take part in sport. Including funding, information distribution and development.

Tel: 01865 467 240
Email: lcollinson@oxford.gov.uk
www.oxfordshire.org

Falcon Canoeing Club
Disabled People’s Canoe Group

Donnington Bridge, Oxford
Tel: 01844 216 844

Ferry Sports Centre
Pool, gym, sports hall etc - wheelchair access to most areas.
Diamond Place, Summertown, Oxford OX2 7DP
Sports activities for visually impaired young people at Ferry organised by Action for Blind People.

Tel: 01865 467 060
www.oxford.gov.uk/leisure

Go for It
A voluntary organisation providing activities for people with Autism/Asperger and learning difficulties from age 16.

Tel: 07877 519 9585
www.goforitoxford.org.uk

Hinksey Outdoor Pool
Heated, wheelchair access to changing room and pool.

Tel: 01865 467 079
www.oxford.gov.uk/leisure
Section Five: Sports and Leisure

Local Organisations

**Horspath Athletics Sports Ground**
Has facilities designed to meet the needs of disabled athletes.

Oxford City Athletics Club, Oxford Road, Oxford
Tel: 01865 875 673
www.oxford.gov.uk/leisure

**Kassam Football Stadium**
Induction Loop in South Stand. 108 home wheelchair spaces and 24 away spaces.

Tel: 01865 761 503

**New Theatre Oxford**
Loop system and wheelchair viewing area available.

Tel: 01865 320 760
Access Booking Line: 320770
10.00am - 6.00pm weekdays
www.livenation.co.uk/oxford

**Oxford Brookes University Centre for Sport**
The Centre includes a sports hall, health suite, climbing room and free weights room. There is level access to the gym, a lift and an accessible toilet.

Tel: 01865 483 166
Email: sport@brookes.ac.uk
www.brookes.ac.uk/sport

**Oxford Eagles Wheelchair Basketball Club**

RAF Station, Benson, Wallingford, OX10 6AB
Tel: 01491 835 104
www.oxford.gov.uk/leisure
Section Five: Disability Organisations

Local Organisations

**Oxford Ice Rink**
Fully accessible with facilities for wheelchairs to go on the ice and an adult sledge. Accessible WC.

Oxpens Road, Oxford OX1 1RX
Tel: 01865 467 000
www.oxford.gov.uk/leisure

**Oxford Swans Swimming Club**
For people with disabilities and for the elderly.

Swimming Sessions Tuesday at Temple Cowley Pool and Saturday at Ferry Pool, Summertown.
Tel: 01865 764 919
www.communicate.co.uk/oxford/swansswimmingclub

**OXSRAD**
Disabled sports and leisure facilities, including badminton, table tennis, darts, snooker, weight training. Also a bar and Jacuzzi.

Tel: 01865 741 336
www.oxsrad.org.uk

**Oxford Playhouse Theatre**
Can offer an audio description if given enough notice of need. Loop system available.

Tel: 01865 305 305
www.oxfordplayhouse.com

**Oxford Sailability**
Affiliated to the Oxford Sailing Club, providing sailing for disabled people in specially adapted boats.

6.00pm Tuesday evenings from mid April - mid October
Tel: 0845 345 0403
www.oxfordsailingclub.com
Section Five: Sports and Leisure

Local Organisations

**Oxford Stadium**
Greyhound Racing and Speedway available with fully accessible trackside and grandstand, restaurant, bar and tote runners from restaurant tables.

Sandy Lane, Cowley, Oxford OX4 6LJ
Tel: 01865 778 222
www.oxfordstadium.co.uk

**Passenger Steamers**
Salter Brothers Ltd
Wheelchair spaces available.

Tel: 01865 243 421

**RADAR (Royal Association for Disability & Rehabilitation)**
(RADAR toilet keys etc)

PO Box 159, Didcot, Oxon OX11 7YN
Keys are available for purchase from the Oxford Tourist Office and Shopmobility in the Westgate Car Park.
Tel: 020 7250 3222
www.radar.org.uk

**Slice Card - Oxford City Residents**
Oxford City Council offer a concessionary Slice Card called a Bonus Card to anyone living in the city that receives a disability related benefit.

Tel: 01865 467 264

**Stagetext**
A registered charity delivering captioned performances and promoting the use of captioning in cultural venues throughout the UK.

Textphone: 020 7247 7801
Tel: 020 7377 0540
www.stagetext.org
Section Five: Disability Organisations

Local Organisations

Stingray Club
The club for people with learning difficulties run by people with learning difficulties. At Bar Risa, Hythe Bridge Street, Oxford. Tickets £5.00 (Carers go free)

Phone: 01865 204 214
or Write to: My Life My Choice, The Jam Factory, 27 Park End Street, Oxford OX1 1HU

Temple Cowley Pool
Level access to swimming pool only.

Temple Road, Cowley, Oxford OX4 2EZ
Tel: 01865 467110
www.oxford.gov.uk
Section Five: Sports and Leisure

National Organisations

The British Disabled Angling Association (BDAA)
Dedicated to disability within fishing. Provides access to information and services including coaching, access improvements, design, adaptive equipment, disability awareness courses and project development.

www.bdaa.co.uk

Cinema Card
The Cinema Exhibitors Association (CEA) has introduced an ID card for customers wishing to take advantage of the free ticket policy for carers. This card is accepted by all major Cinema chains in the UK. The card entitles the holder to one free ticket for a person accompanying them to the cinema. CEA information leaflets and application forms are available from most large Cinema Box Offices.

To apply for the card you will need to meet one or more of the following criteria:
• Be in receipt of disability living allowance or attendance allowance
• Be a registered blind person

Tel: 0845 123 1292
Minicom/textphone: 0845 123 1297
www.ceacard.co.uk

Disability Sports Events
Creates opportunities for participation in sport for people with all disabilities. We are the number one events agency, providing events in various sports.

Tel: 0161 953 2499
Email: info@dse.org.uk
www.disabilitysport.org.uk
Section Five: Disability Organisations

National Organisations

English Federation of Disability Sports
The national body responsible for developing sport for disabled people in England. They work closely with the five National Disability Sports Organisations (NDSOs) recognised by Sport England:

- British Amputees and Les Autres Sports Association
- British Blind Sport
- WheelPower - British Wheelchair Sport
- Mencap Sport
- UK Deaf Sport

Tel: 0161 247 5294
Minicom: 0161 247 5644
Email: federation@efds.co.uk
www.efds.net

TV Licence Concessions
Only a very select group of disabled people can get any reduction on their TV Licence fee. If you are eligible for an ARC licence (Accommodation of Residential Care, you pay £5 a year. If you are registered blind you or the licence holder will pay 50% of the fee. If you have any other disability you will have to pay the full amount.

www.directgov.uk
Section 6: Transport and Travel

Blue Badge Scheme
The County Council administers blue badges. You must meet one or more of the following criteria: receive higher rate of the mobility component of the Disability Living Allowance; receive a War Pensioners’ Mobility Supplement; use a Motability vehicle; have a severe disability in both upper limbs, regularly drive a motor vehicle but cannot turn the steering wheel by hand even if that wheel is fitted with a turning knob; are registered blind; have a permanent and substantial disability which means they are unable to walk or have considerable difficulty in walking.

For an application form contact the Access Team on 0845 050 7666

Bus Station
There is a facility for elderly and disabled users of the bus station to be dropped off at Bus Bay One. Cars are not normally allowed into the bus station, so you need to make arrangements in advance if you wish to drop off or collect a disabled passenger. Please try to give 24 hours notice.

Bus Users UK
An independent group which gives bus passengers a voice. They talk to all the major bus companies and a lot of the smaller ones too, their trade organisations, Government and local authorities.

Tel: 01865 794 307
Bus Users UK
P O Box 2950, Stoke on Trent, ST4 9EW
Tel: 01782 442 866
Fax: 01782 44 2856
Email: enquiries@bususers.org
Section Six: Transport and Travel

Parking in Oxford for Blue Badge Holders
Oxford City provide dedicated disabled bays in most car parks - however not all offer concessions so users need to check local conditions for each car park. These bays tend to be closer to the shops, exits to car parks, bus stops etc. Penalties are issued to drivers who park in such bays without displaying a valid blue badge. Pay machines are at a suitable height for wheelchair users.

Concessions are available in the following car parks - St Clements, Union Street, Headington Car Park, Summertown Car Park - the concession is generally 4 hours free in any 24-hour period. Where charges are still applicable signage indicates at the entrance to the car parks, and close to the disabled bays that "Disabled Concessions do not apply".

Gloucester Green Underground Car Park is not suitable for elderly or disabled visitors (or even young families with pushchairs) as there are no lifts and it is not easy to walk along the roadway due to the ramps and the safety aspect of cars.

There are 90 free on-street Blue Badge spaces provided by the County Council around the City of Oxford. A map can be viewed on the website or collected from the Tourist Information Office in Broad Street or Ramsay House in St Ebbes.

http://www.oxford.gov.uk/community/accessible-parking.cfm

Concessionary Bus Pass Oxford City
You can get a concessionary bus pass if you are over 60 or disabled. These are provided free and can be used on all local bus services in England from April 2008. An application form can be downloaded from the website or collected from your local service shops in Bullingdon Road, East Oxford or Cuddeson Way, Blackbird Leys. They are also available at the One-Stop-Shop in St Aldates. Bus passes in other districts are available from your local authority.

Tel: 01865 252 849
Email: customerservices@oxford.gov.uk
www.oxford.gov.uk
Contact your local authority for details of their scheme - page 31
Dial-a-Ride for Vale of White Horse, West Oxford, Oxford City
Dial-a-Ride is a door-to-door service for those who are unable to use or find it difficult to use public transport. Journeys can be to anywhere in the specified areas with the exception of hospital appointments or social service centres.

Tel: 01865 876 176

DiPTAC – Disabled Persons Transport Advisory Committee
Advises the Government of the transport and mobility needs of disabled people.

Tel: 020 7944 8011
Email: dptac@dtir.gov.uk

Disabled Drivers Association
A self help group run by disabled drivers.

Tel: 01508 489 449
www.dda.org.uk

Disabled Person’s Parking Place
Oxfordshire County Council Highways Department may provide a disabled persons’ parking place on a public road where there is a need. For more information contact the Transport Administration team at Oxford County Council.

Tel: 01865 815 978

Direct Enquiries
The Nationwide Access Register. Find an accessible toilet, hotel, pharmacy etc.

www.directenquiries.com
Gowrings Mobility Road Atlas
Produced by Collins.

Tel: 01242 258 755
Section Six: Transport and Travel

Motability
If you receive the higher rate Motability Component of the DLA or War Pensioners Allowance Supplement you could exchange it for a new car, powered wheelchair or scooter.

If you currently lease a motability car and are between 16 - 24 years of age, you may be entitled to a grant towards your driving lessons.

Tel: 0800 093 1000
www.motability.co.uk

Mygojo
A website aimed at increasing the confidence of young and disabled people who use public transport.

www.mygojo.co.uk

Regional Driving Assessment Centres (RDAC)
The RDAC specialises in providing assessments for people who want to learn to drive or return to driving with a disability, or have their driving assessed due to a medical condition such as Arthritis, suffered a Stroke or following a debilitating illness.

The centre is staffed by a team of dedicated and experienced professionals - including specialist driving instructors and occupational therapists - and has a range of adapted vehicles permanently available, which can cater for a wide variety of mobility needs.

The fee for a driving assessment is subsidised, currently £80. The fee for a passenger assessment is again subsidised, currently £20. Fees are stated on the Application Form which can be downloaded from our website www.rdac.co.uk

The website holds invaluable information that we hope you will find useful.
Rail Travel
Special arrangements can be made for disabled or mobility-impaired passengers. For example, staff can meet you at your departure station and accompany you to the train, and similar arrangements can be made at your destination.

Before you travel, visit the National Rail website for contact details of the train operator (including mobility-impaired help lines and minicom/textphone). It is best to contact the train operator at least 24 hours before your journey as they will be better able to help.

The Rail Travel for Disabled Passengers guide will help you plan your journey so that you may use the stations and trains that are best equipped to meet your needs. It should also help you to get the best value for money.

The Disabled Persons Railcard allows you to buy discounted rail tickets. If another adult is travelling with you they can also travel at the same discounted rate.

Tel: 0845 605 0525
0845 601 0132
Minicom: 0845 605 0600
Email: enquiry@atoc.org
www.nationalrail.co.uk/passenger_services/disabled_passengers

Rural Community Transport Advisor (ORCC)

Jericho Farm, Worton, Witney, OX29 4SZ
Tel: 01865 883 488
Alix.michaelis@oxonrcc.org.uk
Section Six: Transport and Travel

Scooter Breakdown Cover

First Call GB Ltd
Annual cover £59, maximum 4 callouts within 10 mile radius of home address.

Tel: 08702 406 737
www.firstcallmotorbreakdown.co.uk

Insure it Today
Annual cost £59.99 maximum 4 callouts within 10 mile radius of home address.

Tel: 01604 757 578
www.vehiclebreakdown.org.uk

Chartwell Insurance
Annual charge not known and no details of breakdown cover.

Tel: 0845 260 7051
www.chartwellinsurance.co.uk

RAC Breakdown cover for Blue Badge Holders
An immediate response service for disabled drivers.

Tel: 08705 722 722
www.rac.co.uk
Shopmobility Centres
Provides the use of scooters, power chairs or manual wheelchairs to go shopping or sightseeing etc. Most have dedicated parking and are free, although some charge a small fee. Please ring for details and to book.

Aylesbury - Tel: 01296 336 725
Mon - Fri: 9.00am - 4.00pm
Sat: 9.00am - 1.00pm

Banbury - Tel: 01295 252 722
Mon - Sat: 9.00am - 1.00pm
Mon - Sat: 1.30pm - 4.30pm
Also open Sundays during November and December.

Bicester - Tel: 01869 320 132
Mon - Sat: 9.00am - 4.30pm

Newbury - Tel: 01635 523 854
Tues - Sat: 9.30am - 4.00pm

Oxford - Tel: 01865 248 737
Mon - Fri: 9.00am - 4.00pm
Saturday: 9.00am - 4.00pm

Swindon - Tel: 01793 512 621
Mon - Sat: 9.00am - 4.30 pm

Swindon Village - Tel: 01793 507 611
Fri - Wed: 10.00am - 6.00pm
Thurs: 10.00am - 8.00pm

Templars Shopping Centre, Cowley, Oxford - Tel: 01865 748 867
Mon - Sat: 8.30am - 6.00pm

Witney - Tel: 01993 864 787
Mon, Wed and Thurs
9.30am - 1.00pm and 1.30pm - 4.00pm
Section Six: Transport and Travel

Taxies with some level of accessibility

001 Taxis: 01865 240 000
ABC Taxis: 01865 770 077
City Taxis: 01865 794 000
Radio Taxis: 01865 242 424
Metro Cabs: 01865 777 770
Royal Cars: 01865 778 866
- a converted vehicle that can carry 2 wheelchairs and 5 passengers available.

Traveline Public Transport Information
Calls cost 10p per minute.
Tel: 0871 200 2233
www.traveline.info

Toll Bridge Concessions
If you receive the higher rate of mobility, you can be exempt from paying the toll for many of Britain's bridges and tunnels. The criteria vary from bridge to bridge, and tunnel to tunnel - so it is best to ring in advance. With some you may need to fill in forms before you travel.
Details on the Department for Transport Website: www.dft.gov.uk

U1, U5 and U10 buses
The buses are run by Oxford Brookes University and Stagecoach in partnership.
Portable ramps are carried on all buses to enable wheelchair users to use the service.

http://www.brookesbus.net
Section Seven: Useful Websites

Abilitynet: www.abilitynet.org.uk
Is a national charity helping disabled adults and children use computers and the internet by adapting and adjusting their technology.

BBC Mental Health Website: www.bbc.co.uk/health
Follow this link for advice on health matters, etc.

BBC Ouch: www.bbc.co.uk/ouch
Disability Magazine online.

Disabled Go: www.disabledgo.info
A national disabled access guide and jobs website

Easywords.co.uk: www.easyword.co.uk
The website of the Learning Disability Partnership Board.


Disability Now: www.disabilitynow.org.uk
A campaigning newspaper for disabled people.

Directgov: www.direct.gov.uk/disability
A website to visit for the latest information and services from Government. There is a large section for disabled people.

National Federation of Shopmobility: www.shopmobilityuk.org
Access a list of Shopmobility Centres across England.

Oxford City Council: www.oxford.gov.uk/community/disability.cfm
Disability and Access Pages.

Oxford Brookes University: www.brookes.ac.uk/services/hr/eod/disability/index.html
Disability Pages.
Section Seven: Useful Websites

Oxfordshire Primary Care Trust: www.oxfordshirepct.nhs.uk

TechDis: www.techdis.ac.uk
Supports the education sector in achieving greater accessibility and inclusion by stimulating innovation and providing expert advice and guidance on disability and technology.

The Pieguide: www.shop.thepieguide.com
Online shop for Disability Atlas, Accessible Places to Stay Book, Blue Badge Holders, etc.
## Section Eight: Organisations and Services

<table>
<thead>
<tr>
<th>Organisation or Service</th>
<th>Page No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ability Net</td>
<td>12</td>
</tr>
<tr>
<td>Access Team</td>
<td>25</td>
</tr>
<tr>
<td>Access to Work</td>
<td>23</td>
</tr>
<tr>
<td>Action for Blind People</td>
<td>12</td>
</tr>
<tr>
<td>ADAPT</td>
<td>12</td>
</tr>
<tr>
<td>Adult Learning - Oxfordshire County Council</td>
<td>20</td>
</tr>
<tr>
<td>Age Concern, various</td>
<td>4</td>
</tr>
<tr>
<td>Alarms and Sensors</td>
<td>30</td>
</tr>
<tr>
<td>Alzheimer’s Society</td>
<td>12</td>
</tr>
<tr>
<td>Ashmolean Museum</td>
<td>42</td>
</tr>
<tr>
<td>Assistive Resources Centre</td>
<td>20</td>
</tr>
<tr>
<td>Attendance Allowance</td>
<td>25</td>
</tr>
<tr>
<td>Autism Family Support</td>
<td>13</td>
</tr>
<tr>
<td>Barton Leisure Centre</td>
<td>43</td>
</tr>
<tr>
<td>BBC Mental Health Website</td>
<td>59</td>
</tr>
<tr>
<td>BBC Ouch</td>
<td>59</td>
</tr>
<tr>
<td>BEAT</td>
<td>13</td>
</tr>
<tr>
<td>Benefit Confidential Enquiry</td>
<td>25</td>
</tr>
<tr>
<td>Blackbird Leys Leisure Centre</td>
<td>43</td>
</tr>
<tr>
<td>Blind Persons Tax Allowance</td>
<td>26</td>
</tr>
<tr>
<td>Blue Badge Parking in Oxford</td>
<td>52</td>
</tr>
<tr>
<td>Blue Badge Scheme</td>
<td>51</td>
</tr>
<tr>
<td>Bowlplex</td>
<td>43</td>
</tr>
<tr>
<td>Breakdown Services</td>
<td>56</td>
</tr>
<tr>
<td>British Computer Association for the Blind</td>
<td>13</td>
</tr>
<tr>
<td>British Disabled Angling Association</td>
<td>49</td>
</tr>
<tr>
<td>British Wireless Association for the Blind</td>
<td>13</td>
</tr>
<tr>
<td>Bus Station</td>
<td>51</td>
</tr>
<tr>
<td>Bus Users UK</td>
<td>51</td>
</tr>
<tr>
<td>Canine Partners</td>
<td>13</td>
</tr>
<tr>
<td>Childcare - Oxfordshire Family Information Service</td>
<td>25</td>
</tr>
<tr>
<td>Cinema Card</td>
<td>49</td>
</tr>
</tbody>
</table>
# Section Eight: Organisations and Services

<table>
<thead>
<tr>
<th>Organisation or Service</th>
<th>Page No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cinnamon Trust</td>
<td>14</td>
</tr>
<tr>
<td>Citizens Advice</td>
<td>4</td>
</tr>
<tr>
<td>Clinical Waste Disposal</td>
<td>26</td>
</tr>
<tr>
<td>Concessionary Bus Pass Oxford City</td>
<td>52</td>
</tr>
<tr>
<td>Connexions Oxford</td>
<td>20</td>
</tr>
<tr>
<td>Council Tax</td>
<td>28</td>
</tr>
<tr>
<td>County Disability Sports Officer</td>
<td>44</td>
</tr>
<tr>
<td>Crossroads Oxford</td>
<td>4</td>
</tr>
<tr>
<td>Cystic Fibrosis Trust</td>
<td>14</td>
</tr>
<tr>
<td>Day Centres</td>
<td>32/41</td>
</tr>
<tr>
<td>Deaf Direct</td>
<td>5</td>
</tr>
<tr>
<td>Department of Work and Pensions</td>
<td>26</td>
</tr>
<tr>
<td>Depression Alliance</td>
<td>14</td>
</tr>
<tr>
<td>Dering Employment</td>
<td>20</td>
</tr>
<tr>
<td>Diabetes UK Oxford Branch</td>
<td>5</td>
</tr>
<tr>
<td>Dial-a-ride - Octabus Service</td>
<td>52</td>
</tr>
<tr>
<td>DiPTAC</td>
<td>52</td>
</tr>
<tr>
<td>Direct Enquiries</td>
<td>52</td>
</tr>
<tr>
<td>Direct Payments Support Services – Direct Gov</td>
<td>26</td>
</tr>
<tr>
<td>DirectGov UK</td>
<td>26</td>
</tr>
<tr>
<td>Directory Enquiries for Visually Impaired</td>
<td>26</td>
</tr>
<tr>
<td>Disability Employment Advisor</td>
<td>23</td>
</tr>
<tr>
<td>Disability Living Allowance</td>
<td>27</td>
</tr>
<tr>
<td>Disability Living Foundation</td>
<td>14</td>
</tr>
<tr>
<td>Disability Now</td>
<td>59</td>
</tr>
<tr>
<td>Disability Reduction Council Tax</td>
<td>29</td>
</tr>
<tr>
<td>Disability Sports Events</td>
<td>49</td>
</tr>
<tr>
<td>Disabled Adaptations</td>
<td>27</td>
</tr>
<tr>
<td>Disabled Drivers Association</td>
<td>52</td>
</tr>
<tr>
<td>Disabled Facilities Grant</td>
<td>27</td>
</tr>
<tr>
<td>Disabled Go</td>
<td>59</td>
</tr>
<tr>
<td>Disabled Living Foundation</td>
<td>14</td>
</tr>
</tbody>
</table>
# Section Eight: Organisations and Services

<table>
<thead>
<tr>
<th>Organisation or Service</th>
<th>Page No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disabled Persons Parking Place</td>
<td>52</td>
</tr>
<tr>
<td>Disabled Student Allowance</td>
<td>21</td>
</tr>
<tr>
<td>Dogs for the Disabled</td>
<td>14</td>
</tr>
<tr>
<td>Down’s Syndrome Oxford</td>
<td>5</td>
</tr>
<tr>
<td>Employers Forum on Disability</td>
<td>23</td>
</tr>
<tr>
<td>English Federation of Disability Sports</td>
<td>50</td>
</tr>
<tr>
<td>Falcon Canoeing Club</td>
<td>44</td>
</tr>
<tr>
<td>Ferry Sports Centre</td>
<td>44</td>
</tr>
<tr>
<td>Fourteen Club</td>
<td>5</td>
</tr>
<tr>
<td>Garden Scheme</td>
<td>27</td>
</tr>
<tr>
<td>Go for It</td>
<td>44</td>
</tr>
<tr>
<td>Gowrings Mobility Road Atlas</td>
<td>52</td>
</tr>
<tr>
<td>Guide Dogs for the Blind</td>
<td>15</td>
</tr>
<tr>
<td>Guideposts Trust Independent Living</td>
<td>5</td>
</tr>
<tr>
<td>Haemophilia Society Oxford</td>
<td>6</td>
</tr>
<tr>
<td>Hearing Dogs for the Deaf</td>
<td>15</td>
</tr>
<tr>
<td>Hinksey Outdoor Pool</td>
<td>44</td>
</tr>
<tr>
<td>Horspath Athletics Sports Ground</td>
<td>45</td>
</tr>
<tr>
<td>Housing Benefit</td>
<td>28</td>
</tr>
<tr>
<td>Iffley Mead School</td>
<td>21</td>
</tr>
<tr>
<td>Isis Counselling Centre</td>
<td>6</td>
</tr>
<tr>
<td>Kassam Football Stadium</td>
<td>45</td>
</tr>
<tr>
<td>Learning Disability Helpline</td>
<td>15</td>
</tr>
<tr>
<td>Leonard Cheshire Services</td>
<td>15</td>
</tr>
<tr>
<td>Library Services</td>
<td>28</td>
</tr>
<tr>
<td>Limbless Association</td>
<td>16</td>
</tr>
<tr>
<td>Local Authority Contact Details</td>
<td>31</td>
</tr>
<tr>
<td>Mencap Oxford</td>
<td>6</td>
</tr>
<tr>
<td>Mental Health Information</td>
<td>10</td>
</tr>
<tr>
<td>Mental Health Matters (Oxfordshire)</td>
<td>9</td>
</tr>
<tr>
<td>Mental Health Resource Centre</td>
<td>6</td>
</tr>
</tbody>
</table>
## Section Eight: Organisations and Services

<table>
<thead>
<tr>
<th>Organisation or Service</th>
<th>Page No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Motability</td>
<td>54</td>
</tr>
<tr>
<td>Motor Neurone Disease Association</td>
<td>16</td>
</tr>
<tr>
<td>Multiple Sclerosis Society Oxford</td>
<td>7</td>
</tr>
<tr>
<td>Multiple Sclerosis Therapy Centre</td>
<td>7</td>
</tr>
<tr>
<td>My Life My Choice</td>
<td>6/47</td>
</tr>
<tr>
<td>Mygojo</td>
<td>54</td>
</tr>
<tr>
<td>National Autistic Society</td>
<td>16</td>
</tr>
<tr>
<td>National Court Service Disability Helpline</td>
<td>16</td>
</tr>
<tr>
<td>National Federation of Shopmobility</td>
<td>59</td>
</tr>
<tr>
<td>New Theatre</td>
<td>45</td>
</tr>
<tr>
<td>OASIS</td>
<td>7</td>
</tr>
<tr>
<td>Order of St John Care Trust</td>
<td>16</td>
</tr>
<tr>
<td>Oxford Association for the Blind</td>
<td>7</td>
</tr>
<tr>
<td>Oxford Brookes Centre for Sport</td>
<td>45</td>
</tr>
<tr>
<td>Oxford Brookes Disability pages</td>
<td>59</td>
</tr>
<tr>
<td>Oxford Brookes Disabled Students' Advisors</td>
<td>21</td>
</tr>
<tr>
<td>Oxford Carers' Centre</td>
<td>8</td>
</tr>
<tr>
<td>Oxford City Council Benefits</td>
<td>28</td>
</tr>
<tr>
<td>Oxford City Council Disability and Access Pages</td>
<td>59</td>
</tr>
<tr>
<td>Oxford Co-operative Training Scheme</td>
<td>21</td>
</tr>
<tr>
<td>Oxford Deaf Senior Group</td>
<td>9</td>
</tr>
<tr>
<td>Oxford Downs Syndrome Association</td>
<td>5</td>
</tr>
<tr>
<td>Oxford Eagles Wheelchair Basketball Club</td>
<td>45</td>
</tr>
<tr>
<td>Oxford Epilepsy Support Group</td>
<td>8</td>
</tr>
<tr>
<td>Oxford Hard of Hearing Club</td>
<td>8</td>
</tr>
<tr>
<td>Oxford Ice Rink</td>
<td>46</td>
</tr>
<tr>
<td>Oxford Playhouse</td>
<td>46</td>
</tr>
<tr>
<td>Oxford Sailability</td>
<td>46</td>
</tr>
<tr>
<td>Oxford Stadium</td>
<td>47</td>
</tr>
<tr>
<td>Oxford Student Mental Health Network</td>
<td>21</td>
</tr>
<tr>
<td>Oxford Swans Swimming Club</td>
<td>46</td>
</tr>
<tr>
<td>Oxfordshire Autistic Society (OASIS)</td>
<td>7</td>
</tr>
</tbody>
</table>
# Section Eight: Organisations and Services

<table>
<thead>
<tr>
<th>Organisation or Service</th>
<th>Page No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oxfordshire Befriending Network</td>
<td>8</td>
</tr>
<tr>
<td>Oxfordshire Carers' Forum</td>
<td>8</td>
</tr>
<tr>
<td>Oxfordshire County Council Special Educational Needs</td>
<td>21</td>
</tr>
<tr>
<td>Oxfordshire Community &amp; Voluntary Action</td>
<td>9</td>
</tr>
<tr>
<td>Oxfordshire Deaf Children's Society</td>
<td>9</td>
</tr>
<tr>
<td>Oxfordshire Dyslexia Association</td>
<td>9</td>
</tr>
<tr>
<td>Oxfordshire Huntington's Disease Association</td>
<td>9</td>
</tr>
<tr>
<td>Oxfordshire ME Group for Action (OMEGA)</td>
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## Organisation or Service

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