

# Ridgeway Partnership

**How the**

**Learning  
Disability Teams**

**can help you**



**Are you over 18 and do you  
have a learning disability?**

**Or**



**Do you help someone who  
has a learning disability as a  
friend, or carer?**

**If YES, then this leaflet tells you:**

- **Who we are**
- **How we can help**
- **How to contact us**



# What can we do to help **you**

The teams can offer a whole range of help and support.

**For example** ↓

## Your Health...

- Supporting you to go to the doctor (GP), dentist or hospital.
- Supporting you to get and take your tablets and medicines.
- Supporting you when you are not well.
- Teaching you to look after your body.
- Supporting you to understand and to show your feelings.
- Support with getting on with people.

## Things to do...

- Giving you information and help with college courses, clubs and day services.
- Helping you to get a paid job or to do volunteering work.
- Helping and supporting you to manage your money.
- Giving you ideas on how to travel to places.

The **Learning Disability Teams** are a group of social and health care workers who work with people who have a learning disability and their families/carers.

The **Learning Disability Teams** work on behalf of both the:

**NHS**

National Health Service (**NHS**); and

**OXFORDSHIRE COUNTY COUNCIL**  
SOCIAL & COMMUNITY SERVICES  
www.oxfordshire.gov.uk

Social and Health Care



# What can we do to help **you**

## Your choice and independence

- Supporting you to find somewhere to live that you like, and is right for you.
- Finding paid carers to help make things easier for you.

**For example:**

**Getting up   Dressing**  
**Cooking   Shopping**

Giving you support to make it easier for you to tell people what you want and to be more independent.



Anyone can contact the **Learning Disability Teams** for help or advice. It could be one of these people:



**Your support worker or carer**



**Your Doctor (GP) or Community Nurse**



**Somebody you know at Day Services**



**Your Friends**



**Your Family**

## Who can you ask for help?

# How to contact us



You can ask anyone to contact the **Learning Disability Team** for you, or you can contact us by yourself.

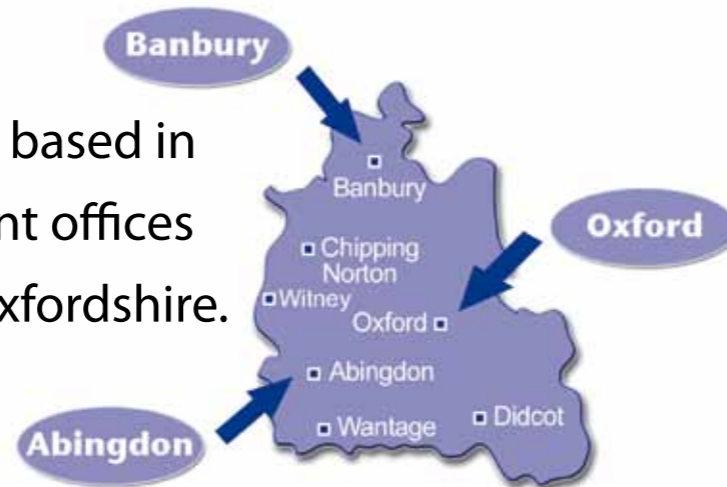


There are a number of ways you can contact the **Learning Disability Teams**, use whichever way is easiest for you (see next page). When you contact the team make sure they know what you would like support with.



There are 3 **Learning Disability Teams**.

They are based in 3 different offices across Oxfordshire.



Contact the team that you live closest to.

You can **telephone, fax or write** to the closest **Learning Disability Team** office to where you live.

## North Learning Disability Team

Redlands Centre  
Neithrop Avenue

**Banbury**  
OX16 2NT

Tel: (01295) 257727

Fax: (01295) 278837

## Oxford Learning Disability Team

2nd Floor, Knights Court  
2 Between Towns Road

**Oxford**  
OX4 3LX

Tel: (01865) 323357

Fax: (01865) 783127

## South Learning Disability Team

Foxcombe Court  
Wyndyke Furlong

Abingdon Business Park  
**Abingdon**, OX14 1DZ

Tel: (01865) 897974

Fax: (01865) 783128



The **Learning Disability Team** will firstly carry out suitable assessments with you. This will tell us if we are the right team to help you and what support we may be able to offer. If we are the right team we can then start to work with you.

# How to contact us

# When we are open



The offices are **open** between:



From **Monday to Friday**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
✓	✓	✓	✓	✓	✗	✗

If the office is not open you can leave a message on the machine.

If it is urgent, the message on the machine will tell you what to do.

## Comments and Complaints

We always want to hear what you think about our services – ‘good or bad’. If you would like to make a comment or complaint about the **Learning Disability Teams** services, please contact:

**Or**

Complaints Manager  
**Oxfordshire Learning Disability Trust**  
**(Ridgeway Partnership)**  
Slade House, Horspath Driftway  
Headington, Oxford  
OX3 7JH  
**(01865) 228121**

Complaints Manager  
**Oxfordshire County Council**  
**Social and Health Care**  
Complaints and Feedback  
FREEPOST NAT10800  
Oxford, OX1 1BR  
**(01865) 816069**

